

Year One



Student's Book

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Scope and Sequence

		Title	Grammar	Functions and vocabulary	Features
chnology	Unit 10 Page 2	Facts and figures	Adverbs: The ancient Egyptians liked to dress beautifully. Revision of the superlative of adjectives: It was one of the tallest structures on earth.	 comparing and describing people and things asking for and giving measurements talking about inventions using adjectives of measurement writing about a famous building 	Tools for life: • How best to use a computer • How to stay safe on the internet
ience and te	Unit 11 Page 7	A science lesson	Zero conditional: If you put an orange into water, it floats on the water. When you add oil to some water, the oil floats.	 describing an experiment sequencing events talking about science writing ordinal numbers writing a diary 	Project: • Research a famous scientist
Module 4: Science and technology	Unit 12 Page 12	Transport of the future	Will and won't for future predictions: How will we travel in the future? Talking about ability and possibility: Long ago, people could only walk or travel on boats.	 predicting the future talking about ability and possibility expressing certainty/uncertainty discussing transport and travel talking about new technology 	• Transport in Egypt • Critical Thinking: Travel In the future
	Revision I	D		F	age 17
SSS	Unit 13 Page 19	Stay fit and healthy	Question tags: We should always eat healthy meals, shouldn't we? Exercise can help us to do better at school, can't it?	 talking about health, fitness and diet asking for and giving advice using commas before question tags writing a dialogue 	Tools for life: • How to avoid the hazards of smoking
Module 5: Health and fitness	Unit 14 Page 24	The body	Reflexive pronouns: Amir will hurt himself. The first conditional: If you brush your teeth every day, they will stay healthy.	 talking about exercise naming parts of the body talking about injuries and illnesses using hyphens writing a letter about health 	• Write instructions for doing exercises
Module 5: He	Unit 15 Page 29	Health and safety	can, can't, must, mustn't for permission and obligation: Does you mother say you can cook? You mustn't touch a hot pan. You must turn the cooker off immediately.	 asking for and offering help asking for and giving permission or prohibiting discussing how to stay safe and healthy using noun and verb forms with different spellings writing an email offering help 	Avoiding bilharzia Critical Thinking: How to keep our water clean
	Revision I	E		F	age 34
nication	Unit 16 Page 36	Modern technology	(not) as as; more/less than; the most/least: Early mobiles were not as light as phones today. Modern phones often weigh less than 100 grams.	 discussing mobile phones and computers asking about similarities and differences making comparisons using linking words writing a text about new technology 	• How to take care of your possessions and avoid theft
Module 6: Modern communication	Unit 17 Page 41	Where things are made	made of, made from and made in: Car tyres are made of rubber. This toy car is made from a metal can! These rubber sandals are made in Africa.	 asking about and describing objects and materials discussing countries and nationalities writing abbreviations for countries writing an article about where things are made 	Project: • Research a material and find out what it is used for
Module 6: N	Unit 18 Page 46	The modern world	The present simple passive: Photos are often taken and they are added to some of the articles. After an article is written, the information is checked.	 talking about the media talking about inventions responding to information talking about farming in Egypt using however writing about how something is made 	• Farming in Egypt • Critical Thinking: Why farmers are so important
	Revision I			F	age 51
The	Iron Man				Page 53
Wo	rd List				Page 63

UNIT

Lesson 1

1 Match the words and the pictures. Which things do you think Egyptians first built or invented?

> glass beads ink lighthouses papyrus for paper toothpaste







OBJECTIVES

- Grammar Adverbs
- **Reading** Reading about facts and figures
- Listening Listening to conversations about measurements
- **Speaking** Talking about measurements
- **Writing** Writing about a famous building



Read the web page and check your answers to exercise 1. What other things did Egyptians invent?



4 -





The ancient Egyptians were the first to do many things.

- The Lighthouse of Alexandria was probably the world's first lighthouse. It was about 130 m tall and was one of the tallest structures on earth. People worked hard to build the lighthouse. It opened in about 283 BCE.
- The ancient Egyptians liked to dress beautifully and they made the earliest glass beads in around 1500 BCE.
- Toothpaste was another Egyptian invention. The ancient Egyptians cleaned their teeth very well, using a toothpaste which they made from salt and plants.
- They also studied the sun and the stars carefully to measure the days in a year. Then they invented the calendar and they taught us to tell the time accurately with a water clock.
- The Chinese invented paper in 140 BCE, but many years earlier, Egyptians used papyrus for writing. They also invented two of the other most useful things in history: pens and ink!

Now answer these questions

1 How tall was the Alexandria Lighthouse?

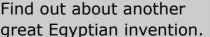
2 When did people first make glass beads?

3 What did the ancient Egyptians use to measure the days in a year?

4 Which Egyptian inventions in the text do we use at school every day?

Internet search ->





1 Underline the adverbs in these sentences

- 1 People worked hard to build the lighthouse.
- **2** The ancient Egyptians liked to dress beautifully.
- **3** The ancient Egyptians cleaned their teeth very well.
- 4 They also studied the sun and the stars carefully.
- **5** They taught us to tell the time accurately with a water clock.

GRAMMAR BOX

Adverbs

- We use adverbs to give us more information about verbs. We usually add -ly to some adjectives: careful-carefully, quick-quickly, slow-slowly
- We usually add -ily when some adjectives ends in y: happy-happily, easy-easily
- Some adverbs are irregular: hard-hard, fast-fast, early-early, late-late, good-well
- We can also use adverbs in comparative and superlative forms: They worked more carefully than usual on that old building. You can tell the time most accurately with this clock.

Complete the sentences with the correct form of the words in brackets

- **1** She plays the piano **beautifully** (beautiful).
- **2** The students always do (good) because they work (hard).
- **3** This train goes very (fast). The old train went (slow).
- **4** The children are playing (happy).

3 Complete these sentences with the comparative form of the word in brackets

- 1 Imad can write an email *more quickly* (quick) than he can write a letter with a pen and paper.
- **2** Mr Sabri always drives (*slow*) when it is dark.
- **3** I can sleep ____ (easy) when the room is quiet.

I swim well, but I play tennis badly!



[4] Talk about things you do well, easily or badly

play tennis speak another language sing count to 100 in English spell difficult words



10

Lesson 3

1 Match the words and the pictures

ruler scales stopwatch

tape measure



- 1 How fast someone can run. a stopwatch
- **2** How long/wide/tall a suitcase is.
- **3** How heavy a suitcase is.



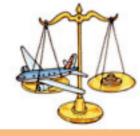
((13) Amal is flying to Aswan with her father to visit her uncle and his wife. Listen and answer the questions

- 1 How wide is Amal's bag?
- 2 How heavy is Amal's bag?
- **3** What is the present?
- **4** How long is the present?
- **5** How fast does a plane go?





44 Ask and answer



a plane: about 4,000 kg about 40,000 kg



a camel: 64 km/h 100 km/h



the Nile: 2.8 km

this skyscraper: 828 m

JUCTIONS BOX

Asking about and giving measurements

How long/wide/tall is (your bag)? It's 50 cm long/wide//tall. (= fifty centimetres)

How heavy is (your bag)? (It's) 5.25 kg. (= five point two five kilograms)

How fast does (a plane) go? A (plane) goes at about 560 km/h. (= 560 kilometres an hour)



Match the measurements to the pictures and make sentences



139 m 2,040 kg 3.5 kg 382 m

Picture a.
This baby is
three point five
kilograms.

4 2 Ask and answer

- 1 Which of the facts in exercise 1 can you check on the internet?
- 2 How can you find the information on the internet?
- 3 What else do you use a computer for?

Complete the rules for using the internet using these adverbs Tools For Life

accurately carefully immediately safely

Follow these rules to use the internet 1 safely

- Never give your name or address to people you don't know on the internet, or put photos on websites.
- Only open emails from people you know.
- Check information 2 on the internet. Websites don't always give information 3
- If you are not happy about something on the internet, tell a parent or a teacher 4

Discuss in pairs

- 1 Is it a good idea to spend a long time on a computer? Why or why not?
- **2** Is it a good idea to type fast and hard, or slowly and carefully? Why?

Review

Now you can ...

talk about inventions

1 Complete the sentences

glass beads ink lighthousetoothpaste water clock

- **1** The *lighthouse* shines a light to ships at sea.
- **2** I bought my mother some beautiful
- **3** In the past, people used a _____ to see what time it was.
- **4** Have you got any ____ for my pen?
- **5** We need some more to clean our teeth.

use adverbs correctly

- Rewrite the sentences using adverbs
 - **1** Amir is a fast runner. He runs *fast*.
 - **2** Karim is a good musician. He plays music
 - **3** Mrs Osman is a careful driver. She drives
 - **4** He is a slow worker. He works
 - **5** Nevine is very quick at typing. She types

ask about and give measurements

3 Complete the questions and answers with these words

fast heavy is kilograms kilometres metres talltape measure

- 1 "How tall is that building?" "It's 63.5
- **2** "How is the bag?" "It about three
- **3** "How wide is this box? What can we use to measure it?" "We can use a ruler or a ..."
- 4 "How _____ can the train go?" "It can go at 200 an hour."

Writing skills

We use a full stop to show a point in some measurements:

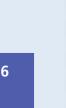
9.25 m 13.2 cm 1.2 kg

We use a comma when we write numbers larger than 999:

1,000 2,040 6,987

We do not use a comma with years:

1999 2015



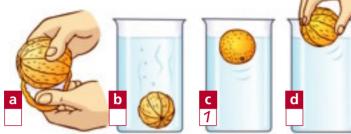
A science lesson

11

UNIT

Lesson 1





- **2** Read about the experiment and put the pictures in the correct order
- **3** Match the words and their meanings

add float peel (v) peel (n) sink

- 1 to remove the outside of a fruit or vegetable peel (v)
- 2 the outside of a fruit or vegetable
- **3** to move to the bottom of a liquid
- 4 to lie on top of a liquid
- **5** to put something with something else _____

4 Answer the questions

- **1** Which one sinks, an orange with or without the peel?
- 2 Where is the air in an orange?
- **3** What happens when you add oil to some water?
- 4 Which is lighter, oil or water?

Internet search

Which floats in water, a normal can of cola or a can of cola without sugar?

OBJECTIVES

- Grammar Zero conditional
- **Reading** Reading instructions for a science experiment
- **Listening** Listening to instructions for an experiment
- **Speaking** using sequencing words
- Writing Writing a diary

Does it float or sink?

Do this experiment with an orange.

- Put an orange in some water. What happens?
- If you put an orange into water, it floats on top of the water.
- Peel the orange and do the experiment again. Now what happens?
- If you peel the orange and then put it into the water, the orange sinks to the bottom.

This science experiment tells us that the orange peel has air in it. If something has enough air in it, it doesn't sink.

Now do a similar experiment with oil. Watch what happens.

 When you add oil to some water, the oil floats because it is lighter than water.

1 Underline the verbs that follow if or when

1 If you put an orange into water, it floats on the water.

- 2 If you peel the orange and then put it into the water, the orange sinks to the bottom.
- **3** If something has enough air in it, it doesn't sink.
- **4** When you add oil to some water, the oil floats.



Zero conditional

GRAMMAR.

• We use the zero conditional to say what always happens if/when a certain action takes place:

I say hello when I see my friends. I wear my jacket if it is cold.

- We use the present simple to talk about the action (with if or when) and the result. We can put the If/When half of the sentence first or second: I go to bed when I'm tired./When I'm tired, I go to bed.
- If we put the If/When half of the sentence first, we always use a comma before the second half:

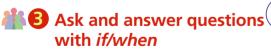
If ice gets warm, it becomes water.

• We can also put the *If/When* half of the sentence first or second in questions: If it gets warm, does ice become water?/Does ice become water if it gets warm?

2 Match to make sentences



- d If you touch the screen,
- I use my dictionary
- When it's too hot outside, 3
- Do you feel ill
- If you add two and two,
- **a** we stay inside.
- **b** do you get four?
- **c** if you eat too many sweets?
- **d** the game starts.
- e if I don't know a word.



- 1 do/hot?
- 2 do/get home from school?
- **3** say/someone gives you a present?
- 4 do/someone feels sad?
- **5** parents say/do well at school?



When I'm hot, Ì take a shower.

1 Complete the dialogue about another experiment

becomes fills happen heat need put Watch When

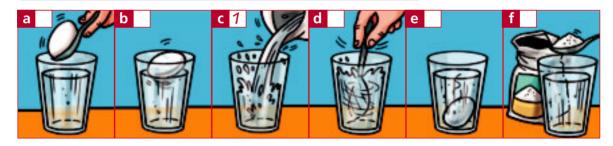




Ali: 1 Watch this experiment. You 2 a glass bottle, a balloon and some hot water. First, 3 the balloon over the top of the bottle. Now, 4 the bottle in the water. What happens if the air in the bottle 5 warm?
Hassan: When the air in the bottle becomes warm, the balloon 6 up with air! Why does this 7 ?
Ali: 8 you heat air, the air moves around faster. This fills up the space in the bottle and pushes the air into the balloon.

2 Match each verb to a picture

add (salt) float pour (water) put in sink stir



- ((S Listen to an experiment and put the pictures in the order you hear them
- 4 Ask and answer about the experiment in exercise 3

Sequencing events

First, pour/add/put (some water) ...

Now/Then/Next/After that, ...

Finally, ...

Asking about the sequence of events

What do we do first/next/after that?

What happens next/now?

Why does this happen?

Make four science facts using the zero conditional

- 1 mix/yellow and blue/get green
- 2 cook rice/soft
- 3 eleven o'clock in Egypt/six o'clock in New York
- 4 put ice in the sun/melt









((2) Can you match these people with the objects they are famous for? Then listen to check your answers.

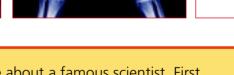
- 1 | Wilhelm Conrad Rontgen (1845–1923)
- Mary Anderson (1866–1953) 2
- 3 Alexander Graham Bell (1857–1922)
- 4 Tim Berners Lee (1955–)





If you add yellow to blue, you get green.





- 1 You are going to write about a famous scientist. First, choose a scientist and find the answers to these questions.
 - What was the scientist's name and date of birth?
 - Where did the scientist come from?
 - What did the scientist do when he/she was young?
 - How did the scientist learn about science?
 - What can we learn about science from this person's work?
- **2** Use your answers to write a paragraph about the famous scientist. Use sequencing words to order the events in the scientist's life.

Dr Farouk El-Baz was born in Zagazig, Egypt on 2nd January, 1938. First, he learned about science at school. Then he went to Ain Shams University. After that, he studied science at a university in the USA.





Review

Now you can ...

- use words to talk about science experiments
- 1 Complete the sentences with these verbs

1 A piece of paper *floats* on water, but a heavy object 2 If you an apple, it becomes brown.

3 This is how you make a cup of tea. the water and in some sugar.

- use the zero conditional to talk about results of an action
- **2** Write sentences using the zero conditional
 - 1 the school bell ring/we go home When the school bell rings, we go home.
 - **2** I go to the doctor/I feel ill
 - **3** you mix red and blue/you get purple
 - 4 the teacher talk/we always listen
 - **5** pasta become soft/you cook it
- use sequencing words
- **3** Complete the dialogue

First -do Finally After next

Mother: Do you want to make a cup of tea?

Leila: OK. What 1 do I do first?

Mother: 2 _____, put some water in a teapot.

Leila: What do I do 3 ?

Mother: Heat the water and the tea and wait a few minutes. **4** that, take the teapot off the heat. **5** you can pour the tea into a glass.



Writing skills

We use ordinal numbers to write dates, or when we use numbers as adjectives or adverbs. In dates and large numbers, we often abbreviate *first* to *1st*, etc:

1 - first (1st) 2 - second (2nd) 3 - third (3rd) 4 - fourth (4th), etc.

My house is the seventh house in the street.

I came second in the race. Today is May 24th.

Transport of the future

Lesson 1

1 Ask and answer



- **1** Which forms of transport do you usually use?
 - **2** How often do you use them?
- **2** Read the text and find all the forms of transport
- S Complete the sentences with these words from the text

Electric electricity environment petrol technology

- **1** Most cars and buses use *petrol* which we make from oil.
- **2** cars don't use petrol.
- **3** Mobile phones and tablet computers are examples of new
- **4** Pollution is bad for the

4 Answer the questions

- **1** What forms of transport did people use before there were cars?
- **2** What will electric cars use instead of petrol?
- **3** How long does it take to travel from Cairo to Alexandria on the fastest trains?
- **4** How will trains change in the future?

Internet search



How fast is the fastest plane in the world?

OBJECTIVES

- Grammar will and won't for future predictions; talking about ability and possibility
- **Reading** Reading about transport
- **Listening** Listening to people making predictions
- **Speaking** Making predictions
- **Writing** Writing predictions about the future

How we travel

How people travel changes over time. Long ago, people could only walk or travel on boats, horses or camels. Then people invented bicycles and later trains, cars and planes. But we couldn't move around the world as quickly as we can today. How will technology help us to travel in the future?

In the future, we will have small electric cars. They will be easy to drive in traffic. These cars won't use petrol. They will use electricity, so they will be better for the environment. Now, a lot of cities have too many cars. These cities will build more metro lines so people will be able to get around the cities quickly.

Today, you can go from Cairo to Alexandria by train in less than three hours. In the future, trains will be able to go even faster. The fastest train in the world is in China. It can travel at 430 km/h. Engineers in America are planning a new kind of train. This will be able to travel at more than 1,000 km/h!

1 Underline the verbs. Tick the sentences that are about the future

1	Long ago, people <u>could</u> only <u>walk</u> or <u>travel</u> on boa	ts, horses or camels.
2	We couldn't move around the world as quickly as	we can today.
3	How will technology help us to travel in the future	?
4	These cars won't use petrol.	No.

GRAMMAR BOX

Make predictions: will and won't for future predictions

We use will/won't + infinitive to make predictions about the future. The
form of will or won't is the same for all subjects:
My brother will be at university in France next year. He won't be at home.
Will we all use computers at school in the future?

Talking about ability and possibility

In the future, trains will be able to go even faster.

- We use can/can't to talk about ability and possibility in the present. To talk about past ability and possibility, we use could/couldn't:
 We can travel to Alexandria from Cairo by train. We can't travel by boat.
 Long ago, people couldn't travel by plane.
- We use will/won't be able to to talk about ability and possibility in the future: My brother's learning to drive. Next year, he'll be able to drive. He won't be able to buy a car because they are expensive.

2 Complete the sentences with these words

can can't	Could	couldn't	-will-	Will	won't	won't be able
-----------	-------	----------	-------------------	------	-------	---------------

1	"Do you	think	that cars	will	fly	one	day?
---	---------	-------	-----------	------	-----	-----	------

2 "______ you swim when you were three years old?"
"No, I _____ swim then, but I _____ swim now."

3 You _____ use a boat to travel across the desert.

4 Khalid's ill today, so he _____ to play football.

5 " it be warm when we visit England in November?" "No, it It is usually cold in November."

When I was younger, I could count to ten in English, but I couldn't count to a hundred.

Now, I can't swim, but I can play tennis.

3 Complete the sentences

1 When I was younger, I could ..., but I couldn't ...

2 Now, I can ..., but I can't ...

3 In the future, we will/won't be able to ...





- 1 There'll be underground cities. YES/NO
- 2 Most people will live in skyscrapers. YES/NO
- 3 In the future, our clothes will have small computers in them. YES/NO
- 4 There won't be any teachers. Computers will be our teachers. YES/NO
- **5** Every student will go to university. YES/NO
- 6 We'll be able to see in the dark. YES/NO



Listen to Salma and her sister Dina doing the questionnaire. Which two answers do they agree on?



3 Ask and answer about the following

1 We won't read books. We'll only read on computers.

2 We won't send letters. We'll only send emails and text messages.

3 We won't need doctors. We'll be able to use the internet to get better.

4 Everyone in the world will be able to speak more than one language.

5 Egypt will get colder. We'll be able to go skiing here.

Do you think that we'll only read on computers in the future?

No, that definitely won't happen.

NCTIONS BOX

Expressing certainty/uncertainty

That will definitely (not) happen.

I'm (not) a hundred percent sure that (we will ...)

I'm (not) certain/sure that (we will/won't ...)

I think/don't think that (we will ...)

Perhaps (we will/won't be able to ...)

That's impossible.



Egypt is a large country, so transport is very important.

- People in Egypt used boats and ferries thousands of years ago. You can still travel by ferry or boat today on more than 3,000 km of rivers and canals.
- The Suez Canal is one of the world's most famous canals. In 2015, the canal became 72 kilometres longer. After a project that took just one year, many more ships can now use the Suez Canal. The ships will bring about \$13 billion dollars of business into Egypt by 2023.



• Egypt was the first country in Africa to have a railway system. Its first railway line, from Alexandria to Kafr El Zayat, opened in 1854. Today, Egypt's railway system is more than 7,000 km long.

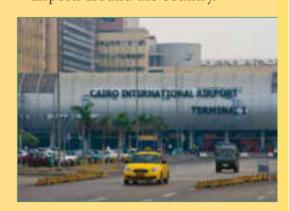
• In 1904, Prince Azia Hassan drove one of the first cars in Egypt, from Cairo to Alexandria. It took ten hours! Today, the journey takes less than three hours. Egypt now has more than 21,000 km of roads. Many people travel by coach.



• Cairo International Airport opened in 1963. Today, planes fly to more than 25 airports around the country.

1 Are these sentences true (T) or false (F)?

- **1** F The rivers and canals in Egypt are longer than the railway system.
- 2 The Suez Canal is now 72 kilometres long.
- Egypt was the first country in the world to have a railway system.
- 4 Cars could travel much faster in 1904.
- **5** You can fly to many places in Egypt.



CRITICAL THINKING

- **1** List all the forms of transport in the text. Which form of transport do you prefer? Why?
- 2 Where do you want to travel to in the future?
- **3** How will people travel to work in the future?
- **4** Do you think travel will be easier or more difficult in the future? Why?
- 5 Do you think travel will be more expensive or less expensive in the future? Why?

Review

Now you can ...

- use will or won't to make future predictions
- Match to make sentences
 - **1** Nadia is very good at science and
 - 2 It is raining today, so
 - The bus is here, so
 - In the future, I think that trains
- **a** we won't play outside.
- **b** one day, she will be a doctor.
- **c** won't have drivers.
- **d** we won't be late for school.

talk about ability and possibility

2 Complete the sentences with these words

can can't could couldn't will be able to

Today we 1 can easily travel around the world using a lot of different forms of transport. But before planes, cars and trains, this was not easy. People 2 travel to other countries on boats because these are some of the oldest forms of transport. But people 3 _____ use a train until its invention in 1831, or drive a car until 1879, or fly in a passenger plane until 1914. Most people still 4 travel to space, but perhaps soon we 5 do this!

express certainty and uncertainty

3 Complete the dialogue

a hundred percent I think sure impossible think

Randa: Do you 1 think that plane travel will become guicker and cheaper in the future?

Sara: I'm 2 that flying will become quicker. Technology will help planes fly faster. But I'm not 3 sure that flying will become cheaper. Petrol is always expensive.

Randa: 4 that we'll have airports in every city in the world one day.

That's 5 It will be too Sara: expensive to do that.



the phrases for example, like and such as:

There are many ways to travel in Egypt, for example, by bus, train or boat.

On some trains, like the fast trains from Cairo to Alexandria, you can book your ticket before you travel.

Fast coaches travel to the main cities. such as Cairo, Aswan and Alexandria.

Review D

6 Q-

Lesson 1

- 1 Look at the pictures. Which of these people do you think the text is about?
 - **a** an engineer **b** a doctor **c** a scientist
- Read the web page and check your answers to exercise 1

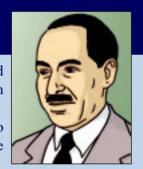




Michel Bakhoum

Michel Bakhoum was born in Cairo in 1913. He worked hard and came first in his class. Then he went to university and became an engineer. Next, he travelled to America to study.

After that, he returned to Egypt and he started teaching at Cairo University. Some students at university still use the book he wrote about his subject.



Michel Bakhoum started designing bridges, airports and other important buildings. For example, the Ministry of Foreign Affairs building is 143 metres tall and is the fourth tallest building in Cairo.

He designed the Cairo International Stadium, where 80,000 people can sit and watch important sports events. He also helped to design the 6th October Bridge in Cairo. The bridge is 20.5 kilometres long. Traffic moves slowly on the bridge because it is always very busy.

When people look at his work today, they sometimes forget how difficult it was for engineers in the past. Michel Bakhoum couldn't use computers because there weren't any at that time. Today, we can build things much more easily.

Michel Bakhoum died on 21st April, 1981. Egypt will always remember this man. In Cairo, you can visit the street that has his name: Dr Michel Bakhoum Street.

3 Answer the questions

- 1 Why was Dr Bakhoum a good student?
- 2 What did Dr Bakhoum do when he returned to Egypt from America?
- **3** Why can't you usually cross the 6th October Bridge quickly?
- **4** Why was the work of engineers more difficult in the past?
- **5** How do we know that Dr Bakhoum is still important to Cairo?

Listen and complete the sentences with adverbs 1 Always cross the road carefully. 2 The students will sit down 3 Amal plays music very 4 Huda will do well because she worked 5 Omar writes very

2 Match to make sentences

 If you put a heavy object in water, If you put a light object in water, If you fill this pen with ink, If you put salt on an egg, If you peel an orange, 	 a you get juice on your hands. b it tastes better. c it sinks. d it writes for two weeks. e it floats. 		
		All the last	

3 Complete the sentences with these verbs

-can can't c	could couldn't	will be able to		*
l Basel <i>can</i> run	n fast, but he	swim at all.		
2 Nasser learned to	o ride a horse whe	en he was four. Wher	he was six, he	ride well.
3 Do you think we	do exams	s on computers in the	future?	
Before there were	e computers, peo	ple send ema	ils.	

4 Listen and put each word in the correct box

bends dresses drive	s floats plays practises	sinks uses watches
s sounds like [s]	s sounds like [z]	s sounds like [1z]
floats		

UNIT

tit and

Lesson 1



- 1 Look at the diagram. Which kinds of food should we eat a lot of? Which should we not eat very often?
- 2 Can you think of more examples of food for each group in the diagram?

Example: Oranges contain vitamins.

Read the magazine page and check your answers

Ask Doctor Sabrin about health

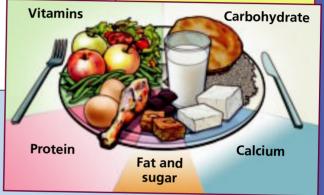
Hamdi: The food groups in the picture are good for us, aren't they?

Dr Sabrin: Yes, a healthy diet contains food from each group. We should eat a lot of the carbohydrate in bread, pasta or rice to give us energy. We should eat a lot of fruit and vegetables, too. These contain vitamins. Eat some protein and dairy products. Protein from meat, eggs, fish, beans, lentils and nuts helps our bodies to grow strong. The calcium in milk and cheese gives us strong bones and teeth.

Don't have too much food that contains fat, but some kinds of fat are better than others. Fat in olive oil gives us energy and contains important vitamins. Too many sweets, cakes and biscuits aren't healthy, are they? We should try not to eat

OBJECTIVES

- **Grammar** Question tags
- **Reading** Reading about how to stay fit and healthy
- **Listening** Listening to people asking for advice
- **Speaking** Asking for and giving advice
- Writing Writing a dialogue



these foods very often. But the natural sugar in fruit and vegetables is good for you.

Mona: We should always eat healthy meals, shouldn't we?

Dr Sabrin: Yes, it's very important to eat healthy meals every day. Breakfast is the most important meal, because after sleep, the body needs energy.

Sara: Exercise can help us do better at school, can't it?

Dr Sabrin: Yes, it can. Exercise helps you to study. It's good for the body and for the brain! But the body needs sleep too, doesn't it? Try to get at least eight hours of sleep every night.

Answer the questions

- **1** Why is it important to eat some protein?
- **2** Which kinds of food give us strong bones?
- **3** Which kind of sugar isn't bad for us?
- **4** Why is it good to eat a healthy breakfast?
- **5** What is exercise good for?

Internet search →



Find examples of food that contains vitamins A, C and D and find out how these can help the body.



- 1 The food groups in the picture are good for us, aren't they?
- 2 Too many sweets, cakes and biscuits aren't healthy, are they?
- **3** We should always eat healthy meals, shouldn't we?
- 4 The body needs sleep too, doesn't it?



GRAMMAR BOX

Question tags

- We use question tags at the end of sentences to check something we think we know. Our voice usually goes down at the end of the sentence:
 - You're in the basketball team, aren't you? \((= I think you're in the team.) \)
- The pronoun in the question tag always agrees with the subject of the main sentence.
- When the verb is positive, we use a negative question tag: She's very friendly, isn't she? Yes, she is.
- When the verb is negative, we use a positive question tag: We aren't late, are we? No, we aren't.
- When the sentence does not have an auxiliary verb or be, we use do/does: You like nuts, don't you? He speaks English, doesn't he?
- We can also use question tags to ask for information. Our voice usually goes up at the end of the sentence:

Ashraf doesn't play football, does he?

✓ (= Does he play football?)

Complete these sentences with a question tag.
Then listen and check. Does the voice go up
or down at the end of the sentence?

- 1 It's a beautiful picture, isn't it?
- **2** Your brother can't play the guitar,
- **3** Our teachers are very helpful,
- **4** You like shopping,
- Complete the sentences with a question tag. Then ask and answer
 - **1** Your favourite sport is ...
 - **2** The weather today isn't ...
 - **3** At the weekend, we can ...
 - **4** After school, we should ...

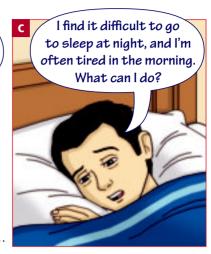




1 Match the situations with the advice







Advice

1 What about eating some fruit when you're hungry?

2 How about reading a book in bed?

Listen to Doctor Sabrin giving more advice and check your answers to exercise 1

3 Try doing ten minutes of exercise a day this week. Do more next week.

((3 Listen again and complete the Functions box

NCTIONS BOX

Asking for advice

1 How can I get fit quickly?

2 What can I ?

Giving advice

1 Why don't you do some exercise every day?

2 Try doing _____ every morning.

3 What about ____ when you're hungry?

4 You could instead of sweets.

5 It's a good idea to relax completely go to bed.

6 How about in bed?

I want to live a healthy life. What can I do?

You could start playing a new sport.



1 I want to live a healthy life. What can I do?

2 How can I learn more English vocabulary?

3 I want to become good at sports. How can I do this?

4 What new hobby can I start?



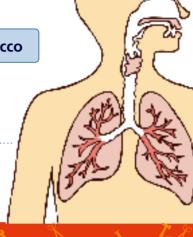


1 Match the words and their meanings



breathe chemical contains lungs tobacco

- 1 the parts of your body that fill with air lungs
- **2** a plant that is in cigarettes
- **3** something people make or use in chemistry
- **4** has something inside it
- **5** take air into the body, and let it out again



Complete the text about why you should not smoke using words from exercise 1

1 *Tobacco* in cigarettes **2** dangerous chemical. This is very bad for your health and can make you ill. Some people who smoke cannot run or do exercise, because the chemical in the cigarettes damages their 3 and they can't 4 very well. Smoking can make people's fingers and teeth yellow, too.

People who start smoking find it very difficult to stop, because their bodies need the **5** . Cigarettes are very expensive, too.

Tools For Life I smoke. I don't smoke.

B Discuss in pairs

- 1 Why is it bad to smoke if you like doing sport?
- 2 What health problems do many smokers have?
- **3** Do you think it is dangerous for people to smoke when children are near?
- **4** What do you think happens when we breathe other people's smoke?

Complete these sentences with question tags

- 1 Smoking is bad for you, isn't it?
- 2 Tobacco contains a dangerous chemical,
- **3** Smoking can make you ill,

- **4** It doesn't smell nice,
- **5** We shouldn't smoke,
- **6** Cigarettes aren't cheap,

Review

Now you can ...

• talk about food groups

1 Read and match

1 <i>f</i>	Milk and cheese
2	Olive oil
3	Natural sugars
4	Fruit and vegetables
5	Pasta and rice
6	Sweets and cakes

- **a** are in fruit.
- **b** contain a lot of unhealthy sugar.
- **c** contain important vitamins.
- **d** contain carbohydrate.
- **e** is an example of a healthy fat.
- **f** make our bones and teeth strong.

• use question tags

2 Complete the sentences. Then ask and answer

You don't like fish , do you?
 , isn't it?
 , aren't we?
 , can't they?
 , should we?
 , is it?

ask for and give advice

3 Use the notes to give advice to Nabila about how to study

1 go to bed early

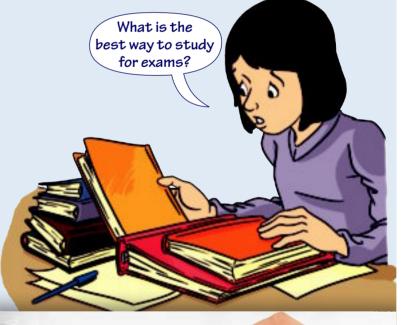
2 study with a friend

3 do exercise when you are not studying

4 read your notes carefully

Example:

Try going to bed early.



Writing skills

We always write a comma before a question tag:

You aren't watching this TV
programme, are you?
Your father is at work today, isn't he?

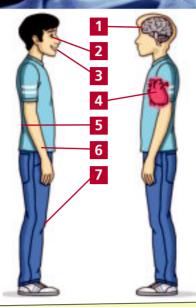
The body

Lesson 1

Match the parts of the body to the pictures

back brain eye heart knee skin teeth

2 Read about health and find out why exercise is good for you



OBJECTIVES

- Grammar Reflexive pronouns; the first conditional
- **Reading** Reading about keeping healthy
- **Listening** Listening to a conversation between a doctor and her patients
- **Speaking** Talking about health problems
- Writing Writing a letter about health

Stay healthy!

We all want to be fit and healthy. Doctors can give us medicine that can help us when we are ill, but how can we look after ourselves so that we don't become ill very often? Here are some ideas:

- If you brush your teeth every day, they will stay strong and healthy. Too much sugar will damage them, so don't eat too many sweets!
- Most of us will wear glasses at some time in our lives. It's a good idea to have an eye test every year.

- If you often listen to loud music, you won't be able to hear very well. So when you listen to music through earphones, don't have it too loud!
- Exercise is good for you. It makes the heart beat faster. It's also good for the brain because exercise helps you to think clearly.
- Spend a few minutes preparing yourself for exercise. You will hurt your back if you lift a heavy weight without bending your legs at the knees.
- A little sunlight is good for you, but be careful. Unless you cover yourself when you go outside, your skin will burn in the sun.

3 Are these sentences true (*T*) or false (*F*)?

- **1 T** Sugar is not good for your teeth.
- 2 Most people never need to wear glasses.
- It is not healthy for you to often listen to loud music.
- You will always hurt your back when you lift a heavy weight.
- **5** The sun can burn your skin.

Internet search

How fast does a normal heart beat for a person of your age?

1 What do the underlined pronouns refer to?

- **1** How can we look after <u>ourselves</u> so that we don't become ill very often?
- **2** Spend a few minutes preparing yourself for exercise.

2 Now underline the verbs in these sentences

- 1 If you brush your teeth every day, they will stay strong and healthy.
- 2 If you often listen to loud music, you won't be able to hear very well.
- **3** Unless you cover yourself when you go outside, your skin will burn in the sun.

GRAMMAR BOX

Reflexive pronouns

- When the object is the same as the subject of the verb, we use myself, yourself, himself, herself, itself, ourselves, yourselves, themselves: Amir will hurt himself. Did you look at yourself in the mirror?
- Sometimes, we use a reflexive pronoun for emphasis: Nobody helped me do the work. I did it myself.

The first conditional

- We use the first conditional to talk about what will probably happen *if/when* another action takes place. *Unless* is the same as *if* ... not:

 If you don't eat, you will be hungry. Unless you eat, you will be hungry.
- We can put the if/when/unless half of the sentence first or second. If you put it first, always use a comma before the second half:
 When I arrive, I'll phone you. I'll phone you when I arrive.
- You can make Yes/No questions or use a question word:
 Will it be cold if you go to England? What will you do if you arrive late?

3 Complete the sentences with reflexive pronouns

1 That's a very nice picture! Did Amal paint it *herself*?

2 My father is painting our house

3 You look hungry, so help _____ to the food on the table.

4 A cat doesn't need a shower. It can clean

Ask and answer questions using the first conditional

- **1** What/you do/very hot this weekend?
- 2 Where/you go tomorrow/unless/you/ill?
- **3** What/your parents say/you/do well in your exams?
- 4 What/you do/unless/you/have a lot of homework?

What will you do if it's very hot this weekend? If it's very hot this weekend, I'll stay at home and read a book.





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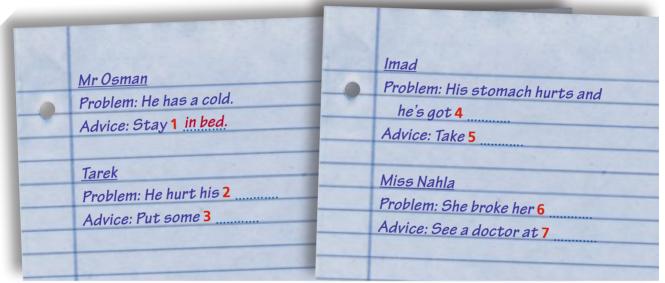
Lesson 3

What's the matter with these people? Read and match

- **1 b** He hurt his ankle.
- 2 He's got a cold.
- **3** She's got a headache.
- **4** He's got toothache.
- **5** He's got a stomach-ache.
- **6** She broke her arm.



(©2) Listen to a doctor talking to her patients and complete the notes



Take turns to be a doctor and a patient. Talk about health problems and give advice

UNCTIONS BOX

Asking about health problems

What's the matter?

How do you feel?

What happened to you?

Talking about health problems

I feel hot/cold.

I hurt my (ankle).

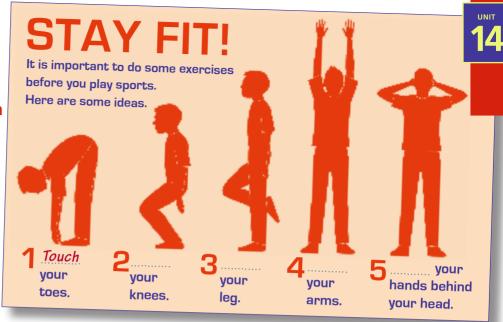
My (arm/back/stomach) hurts.

I've got toothache/a headache/a cold/a stomach-ache.



1 Complete the sentences with these verbs

Bend Hold Lift Stretch



Listen to the instructions and put the pictures in the correct order









©)JECT

- 1 You are going to write instructions for the exercises in the pictures above. First, write a list of words for parts of the body and the verbs from exercise 1.
- 2 Now write instructions for each picture.



Review

Now you can ...

- talk about parts of the body
- 1 Read and match

1 d This is where the leg bends.	a back
2 You can lie on this when you sleep.	b brain
3 This covers all the body.	c heart
4 We use this to think and learn.	d knee
5 This beats all the time.	e skin

• use reflexive pronouns

2 Complete the sentences with reflexive pronouns

- 1 I don't need any help, thank you. I can do it myself.
- **2** Could you dress when you were two years old?
- **3** We all read the book _____ at home.
- **4** Ashraf bought a cold drink.
- **5** The computer turns _____ off after five minutes.

use the first conditional

3 Complete the first conditional sentences

- 1 If you go to England, you will speak English every day.
- 2 Unless you leave now,
- **3** Mona will go to university
- **4** when I finish my homework.
- **5** Hassan will see the sea

talk about health problems

4 Complete the dialogue

break feel better hurt stomach-ache the matter

Doctor: Hello. What's 1 the matter,

Ali?

Ali: I ate lunch at a café and now

I've got a 2

Doctor: If you take this medicine, you'll

3

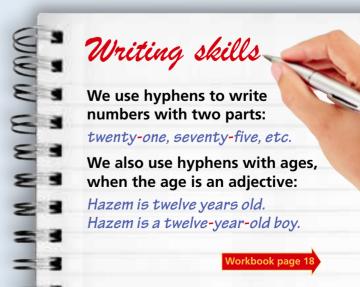
Ali: Also, I was running for the bus

and I fell. I 4 my ankle.

Doctor: Let me see. Don't worry, you

didn't 5 it.





UNIT

Lesson 1



Match the words and the pictures





🌉 🔼 Ask and answer

- **1** Why is the girl rolling up her sleeves?
- **2** What else are the girls and their mother doing in the kitchen to stay safe?
- **3** Now read the leaflet and check your answers to exercise 2
- 4 Choose the correct answer
 - **1** What must you roll up when you cook?
 - **a** oven gloves **(b)** long sleeves
 - 2 If a pan is too hot, what's the first thing to do?
 - **a** Put a lid on the pan.
 - **b** Turn off the cooker.
 - **3** What should you not do if there is a fire in a pan?
 - **a** Put a lid on the pan. **b** Move the pan.
 - **4** What must you do before you touch something electric?
 - **a** Dry your hands. **b** Wash your hands.

OBJECTIVES

- Grammar can, can't, must, mustn't for permission and obligation
- **Reading** Reading a leaflet about safety in the kitchen
- Listening Listening to people asking for and offering help
- **Speaking** Asking for and offering help
- Writing Writing an email offering help

STAY SAFE

Fires often start in kitchens. What can you do to stay safe?

- Does your mother say you can cook with her? It is good to help in the kitchen, but it is important to be safe. You must roll up long sleeves when you are cooking.
- You mustn't touch a hot pan in the oven without oven gloves or a towel. If you do, you will burn yourself.
- Sometimes, a pan becomes too hot when you are cooking. What must you do? You must turn the cooker off immediately.
- What must you do if oil catches fire? If oil in a pan catches fire, you mustn't try to move the pan. It's too dangerous. You must put a lid on the pan. You mustn't pour water on the fire. The oil will still burn.
- Remember, electricity can be dangerous. You must dry your hands before you touch something electric. Water mustn't go near anything electric!

Internet search ->



What happens if you pour water on burning oil? Find a video.

- 1 Underline the examples of can, must or mustn't and the verb that follows in these sentences
 - 1 Does your mother say you can cook with her?
 - **2** You mustn't touch a hot pan in the oven without oven gloves or a towel.
 - **3** You must turn the cooker off immediately.
 - 4 You mustn't try to move the pan.



FRAMMAR BOX

can, can't, must, mustn't for permission and obligation

- We use can for ability. We also use can to give permission. The negative is can't. Mona can speak German. My mother says I can go to the library after school. You can't walk on the grass in the park.
- We use *must* to say that it is important or necessary to do something. The negative is *mustn't*:

You must do your homework every day. You mustn't be late for school.

- The form of can, can't, must, mustn't is the same for all subjects.
- We form the Yes/No question by inverting can/must and the subject. You can also use a question word:

Can I go to the park? Must I buy a ticket? What can he wear to the beach? Where must I put my bag?

- 2 Complete the sentences with can, can't, must or mustn't
 - **1** " Can I open the window, please?" "Yes, you ... It's very hot today."

 - **3** Children go to school every day.
 - **4** You leave the cooker on all night. It is dangerous.
- 3 What can/can't/must/ mustn't you do at school?

In this lesson, we can talk in English. We can't talk in Arabic.

We mustn't talk when the teacher is talking. We must listen.



1 Choose the correct answer

- **1** Which can you get on/off and which can you turn on/off?
 - **a** a bus or train **b** a cooker
- 2 Where can you catch a bus?
 - **b** a ticket office **a** a bus stop

(2 Listen and put the pictures in the correct order









((B Listen again and answer the questions

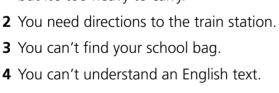
- 1 What two things does the boy offer to do?
- **2** What does the man offer to do on the bus?
- **3** What does the woman offer to do on the bus?
- **4** What does the girl offer to do at the end?

Take turns to ask for and offer help

- 1 You want something in the supermarket, but it's too heavy to carry.

I want to buy this bag of potatoes, but it's too heavy for me. Can you help me, please?

I'll carry it for you.



Asking for help

Excuse me. I need (to sit down), please.

Can you help me (to get off the bus), please?

Offering help

Can I (carry the bags) for you? I'll (help you to get on the bus). I can (stand).

Let me (help you to the door). Shall I (hold your arm)?



CLEAN WATER FOR HEALTH

The Nile and canals are very important for farmers, but many animals and insects also use our rivers, canals and lakes. Sometimes this can make the water dirty and it can become unhealthy.

Bilharzia, for example, is a disease which people can get from drinking or washing in dirty water. Bilharzia can make you very ill. People who have the disease feel very hot and have a bad stomachache. In the past, many people got bilharzia. Now, we know how to stop bilharzia and not many people get it. People usually get better quickly if they take the right medicine.





How can you help yourself stay healthy?

- You mustn't swim in rivers, canals or lakes and you must never drink water from them.
- You must only swim in the sea or in swimming pools which use a chemical to kill diseases.
- If you are not sure that drinking water is clean, you need to boil it first.
- You must always wash your hands before you cook or eat.
- You must always wash fruit and vegetables before you eat them.
- Flies can also carry diseases, so you must cover food or put it in the fridge.

1 Read and match

- 1 🕑 Water often becomes unhealthy when
- **2** If you boil water,
- **3** You must only swim in swimming pools because
- 4 You must always keep food away from flies because
- **5** You mustn't eat fruit and vegetables unless

- a it will be safer to drink.
- **b** you wash them well first.
- **c** these insects can carry diseases.
- **d** the chemical in them kills diseases.
- e animals use it.

CRITICAL THINKING

- 1 How can we help to keep the water in our rivers, canals and lakes clean?
- 2 What can we do to help people understand how to avoid getting bilharzia?
- **3** What other ways can you think of to stay healthy?

Review

Now you can ...

- use words to talk about safety in the kitchen
- 1 Complete the sentences with these words

cooker lid oven gloves pan Roll up sleeves towel catches
 You can cook food on a cooker.
 Use or a when you touch a hot on the cooker.
 If oil in a pan fire, put a on the pan.
 the long of your shirt when you are cooking.

- use can, can't, must, mustn't for permission and obligation
- 2 Complete the sentences with can, can't, must or mustn't



1 You *must* be careful here.



2 You cross the road here.



3 "......... I take this bottle of water on the plane?"

"Yes, you _____ bring a small bottle, but you ____ bring a big bottle."

- ask for and offer help
- **3** Complete the mini-dialogues

Can need Shall I'll Let Man: Excuse me. I 1 <u>need</u> to sit here, but your bag is on the chair.

Boy: Sorry. **2** move my bag.

Hala: I must tidy my room, but I've got a lot of homework to finish!

Nadia: 3 me help you.

Grandmother: 4 _____ you close the window, please? I'm cold.

Nevine: Of course, Grandma. **5** I make you a hot drink, too?



Writing skills

The noun and verb forms of some words have a different spelling:

We must practise speaking English every day.

Every Thursday after school, we have basketball practice.

Your teacher will advise you what to do.

Please give me some advice.

Review E

Lesson 1

- 1 Read and complete the magazine article with sentences 1–5
 - 1 Try not to look at the computer screen for too long.
 - 2 But we don't always look after our eyes, do we?
 - **3** Continue to move your finger closer to and then further from your eyes.
 - 4 The sun can damage your eyes, so you mustn't look at it.
 - **5** They contain vitamin A, which keeps our eyes healthy.

Look after your eyes

We all know how important it is to look after ourselves. We do exercise to keep our hearts strong. We brush our teeth every day to keep them clean and healthy. a 2

Did you know that the orange colour in some vegetables is good for your eyes? Most fruit and vegetables are good. **b** Some kinds of fish also help your eyes because they contain healthy fats.

What other things can you do to look after your eyes? **c** If you wear good sunglasses, this will help your eyes.

Do you use a computer? **d** Stop looking at the screen every half an hour. If you don't do this, your eyes will become tired.

You can read at night, but you must always have good light. If you read when it is too dark, you will get a headache.

2 Are these sentences true (T) or false (F)?

- **1** F Orange-coloured vegetables can damage your eyes.
- 2 Some fats are good for your eyes.
- **3** It isn't a good idea to wear sunglasses outside.
- **4** lt is always bad for your eyes to read at night.
- **5** Exercises can help your eyes feel relaxed.

3 Add question tags to the

sentences in exercise 2.
Then ask and answer

Orange-coloured vegetables can damage your eyes, can't they?

Try these exercises to make your eyes stronger.

- Close your eyes and put your hands on them for ten seconds. Then open your eyes. Your eyes feel relaxed, don't they?
- Stretch your arm in front of you and hold up one finger. Look at your finger. While you are looking at your finger, move it closer to your eyes. e





Listen to some advice about studying for exams. Number the sentences in the order you hear them

a	How	about	getting	up	early	in	the	morning	to	study?	

b		Try writ	ing some	e of the	most in	nportant	facts o	n paper
---	--	----------	----------	----------	---------	----------	---------	---------

What about writing a guiz?

Why don't you study for half an hour, then do something else for ten minutes?

e It's a good idea to do some exercise.

f 1 You could write down the times that you need to study each subject in a day.



2 Make sentences using the first conditional

- 1 If/it/hot tomorrow, we/go swimming.

 If it is hot tomorrow, we will go swimming.
- **2** You/not be fit/unless/you/do some exercise.
- **3** If Fady/not/careful, he/cut/himself.
- **4** You/be/tired at school if you/not go/to bed early.
- **5** Unless it/rain tomorrow,/we/have a picnic.

3 Complete the sentences with reflexive pronouns

- **1** Mum, can I make *myself* a hot drink, please?
- **2** Ali was running too fast. He fell, and hurt
- **3** Salma bought a new notebook.
- **4** My brother and I always clean our rooms
- **5** Can you open the window , Mona, or shall I help you?



4 Listen and put each word in the correct box

br<u>ea</u>kfast dis<u>ea</u>se h<u>ea</u>dache h<u>ea</u>rt h<u>ea</u>vy m<u>ea</u>l sp<u>ea</u>k t<u>ea</u>m w<u>ea</u>r w<u>ea</u>ther

ea makes the sound [iɪ]	ea makes the sound [e]	ea makes the sound [eə]	ea makes the sound [ax]
disease			

Workbook page 23

UNIT

Lesson 1

Ask and answer

1 How often do you use a computer or mobile phone?

2 Can you match these words with the pictures below?

camera email internet text message voicemail











OBJECTIVES

- Grammar (not) as ... as ...; more/less than; the most/least
- Reading Reading about the history of mobile phones
- **Listening** Listening to a conversation in a computer shop
- Speaking Making comparisons
- Writing Writing a text about new technology

Read the magazine article about mobile phones and find out when someone sent the first text message

Mobile phones

In April 1973, a man called Martin Cooper made the first call on a mobile phone in New York, USA. People were surprised to see a man talking on the phone while he was walking in the street!

The mobile phone he was using was very different from today's mobiles. Modern phones often weigh less than 100 grams. Early mobiles were not as light as phones today; they weighed about one kilogram. They were big too, so they were more difficult to carry around. The battery also didn't last as long as it does today: it lasted only one hour!

In December 1992, a computer engineer sent the world's first text message. Also in the 1990s, phones became smaller and lighter, with colour screens, a camera and voicemail. For some people, the size and colour of the phone was as important as the way it worked.

Then, in 2003, people started making phones that could send emails. These became the most popular mobile phones.

Today's phones can take photographs that are as good as pictures from the best cameras. People can also use their phones to make and show films and use the internet. For some people, speaking on a mobile phone is the least important of its uses!

B Answer the questions

- **1** Why were people surprised to see someone talking on a mobile phone in 1973?
- **2** Why were the first mobile phones not easy to carry around?
- **3** What important change happened in 2003?
- **4** What can some mobile phones do today?

Internet search



Find out who invented the first computer. When was this?

1 Underline the comparative or superlative phrases

- **1** Modern phones often weigh less than 100 grams.
- **2** Early mobiles were not as light as phones today.
- **3** They were big, too, so they were more difficult to carry around.
- **4** These became the most popular mobile phones.
- **5** Today's phones can take photographs that are as good as pictures from the best cameras.
- **6** For some people, speaking on a mobile phone is the least important of its uses!

FRAIMIMAR BOX

(not) as ... as ...; more/less than; the most/least

- We use as + adjective + as to compare two things that are the same: My phone is as heavy as yours. (= Both phones weigh the same.)
- To say that two things are not the same, we use not as + adjective + as: My phone is not as heavy as yours. (= My phone is lighter than yours.)
- We can make the comparative and superlative forms of adjectives with two or more syllables using more/less than, the most/least: This computer is less/more expensive than that one. The camera is the least/most useful thing on the phone.

Rewrite the sentences to have the same meaning, using the words in brackets

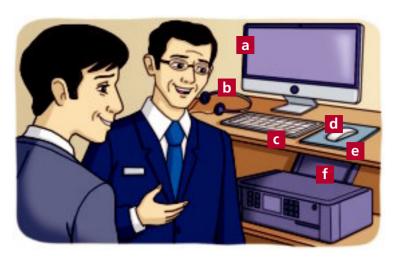
- **1** The radio is more useful than all the other things in the house. (*most*) The radio is the most useful thing in the house.
- **2** A laptop is smaller than a computer. (not as ... as ...)
- **3** The TV and the computer are both expensive. (as ... as ...)
- **4** I think a camera on a phone is not as important as text messages. (*less*)
- **5** In my opinion, games are also less important than text messages. (*more*)
- **6** This phone is less popular than all the other phones in the shop. (*least*)
- Make sentences with (not) as ... as ...; more/less than: the most/least
 - 1 car/bus/train: comfortable/fast
 - **2** history/maths/English: useful/difficult
 - **3** chocolate/rice/oranges: healthy/sweet
 - 4 summer/winter/spring: sunny/rainy





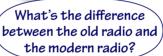
Match the pictures and the words

earphones keyboard mouse mouse mat printer screen



- Listen to the conversation in a computer shop.

 Does the man buy a computer, a laptop or a tablet?
- ((S) Listen again and answer the questions
 - **1** Which is bigger, the laptop or the computer?
 - 2 Is the laptop cheaper than the computer?
 - **3** Is the screen on the computer the same size as the screen on the laptop?
 - 4 What can't you do with the tablet?
 - **5** Can you use a printer with all three kinds of computer?



Unlike the new radio, the old radio is very heavy.













Asking about similarities and differences

Is (the laptop) the same as (the tablet)? What's the difference between (the computers)?

Talking about similarities and differences

(The price) is the same.

(The laptop) is similar to (the computer).

Like/Unlike the (laptop), the (tablet hasn't got a mouse).

There is a/no difference between (the computers).

The main difference between the laptop and the tablet is that ...

Ask and answer

1 Can you find the following in the pictures?

a rucksack a seat a briefcase

- **2** Why is it a good idea to close a bag or rucksack when you are on a bus?
- **3** Should the girl have her rucksack next to her or in front of her?
- **4** Who is taking better care of his possessions, the man or the girl?
- **5** What do you do with your rucksack or bag when you go on a train or a bus?



Complete this advice about how to take care of your possessions

Tools For Life

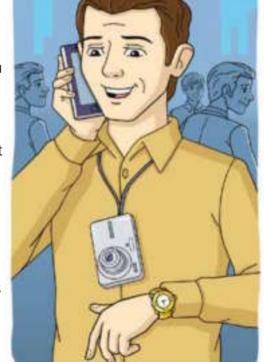
least most not as easy rucksack Thieves

Taking care of your possessions

Always keep your possessions with you. Don't leave things on seats, for example. It is easy to leave your possessions on the bus or train if you cannot see them.

1 *Thieves* are people who take things that don't belong to them. They are usually interested in the 2 expensive things that you have. So when you are out, leave these things at home! Your home is the 3 dangerous place for your possessions.

Never leave your bag or rucksack open. You must keep it closed, so your possessions will not fall on the floor. Hold your bag or rucksack in front of you, so that it is 4 _____ for thieves to take things from it. If you have an expensive camera or phone with you, put it inside your bag or 5 _____ It will be safer there.



3 Discuss in pairs

You must take care of your possessions at all times, but in which places must you be most careful?

Workbook page 25

Review

Now you can ...

- talk about mobile phones
- 1 Match the words and their meanings
 - **a** a message which someone writes on a phone
 - **b** a message that a person leaves on a phone
 - text message c a message which someone sends using the internet
- use (not) as ... as ...; more/less than; the most/least
- 2 Make sentences about these earphones using (not) as ... as ...; more/less than; the most/least and these words

big comfortable modern small







- use words to describe computers
- Complete the text keyboard mouse printer screen

- talk about differences and similarities
- 4 Complete the dialogue with these words and phrases

the difference the same similar unlike

Man: What's **1** the difference between these two TVs?

Shop assistant: The blue TV is **2** to the black TV. They are both very light.

Man: Is the red TV 3 _____ as the other two TVs?

Shop assistant: No, there is a difference. The red TV is more expensive. And 4

the other TVs, the red TV has a very big screen.



Writing skills

Use linking words too, also, in addition to add extra ideas to a sentence:

Mobile phones have voicemail now. They also have cameras and play music, too. In addition, most phones can send texts.

ere things ar

UNIT

Lesson 1

1 Look at the pictures below and guess which material each object is made of

> plastic rubber wool metal

Read the website and check your answers to exercise 1

OBJECTIVES

- Grammar made of, made from and made in
- **Reading** Reading a website about what things are made of
- **Listening** Listening to a conversation about where things are made
- **Speaking** Describing objects
- Writing Writing an article about where things are made

4.

c Q-

Recycle it!

Materials often have many $oldsymbol{ol{ol{ol}}}}}}}}}}}}}}}}}}}$ example, are made of rubber. But did you know that we can recycle old car tyres to make shoes and sandals? These rubber sandals are made in Africa. You can buy them all over the world, in many different sizes.



People in South Africa use old Cans to make toys. This toy car is made from a metal can!

We use plastic bags **Z** to carry our shopping home and to put our rubbish in. What else can we do with them? Someone had a great idea: we can make them into new bags!



4 When your old jumper is too small for you, what can you do with it? Some people use the wool from old jumpers to make blankets. These blankets keep people warm. You only need a few large jumpers to make a baby's blanket. How many different jumpers do you think this blanket is made from?

Are these sentences true (T) or false (F)?

- **1** | **F** | You can only buy the sandals in Africa.
- We only use plastic bags to carry shopping.
- 3 You can make cans from old toys.
- 4 You don't need a lot of jumpers to make a baby's blanket.

Internet search ->



How can we recycle old plastic, rubber, wool and paper?

- 1 Underline the examples of is/are made and the word that follows
 - a Car tyres are made of rubber.
 - **b** These rubber sandals are made in Africa.
 - c This toy car is made from a metal can!
 - **d** How many different jumpers do you think this blanket is made from?



GRAMMAR BOX

made of, made from and made in

- We say that something is *made* of a material, such as wood or metal: *Is that ball made of rubber? No, it isn't. It's made of plastic.*
- When we change one object into a different object, we say the new object is made from the first object:
 - My sister has a toy house. It is made from old boxes.
- We use made in to talk about a place:
 Many beautiful shoes and bags are made in Egypt.
 Are computers made in China?
- 2 Look at the pictures and complete the sentences with of, from or in



1 This desk is made <u>from</u> an old door. It's made wood.



2 This hat is made _____ an old newspaper.



3 This kind of bowl is made China.



4 This bag is made _____ rubber. It's made ____ old tyres.



Ask and answer about (things in your classroom What is this pencil case made of?



(It's made of plastic.)





Match the countries and the nationalities

American Brazilian Chinese Egyptian Korean Japanese

Which countries from exercise 1 do you think these things come from?

paper wood computers and phones cars oil rice cotton leather shoes and bags

- Listen to a radio programme about where things are made and check your answers to exercise 2
- ((4) Listen again and choose the correct word
 - A lot of wood for paper and furniture comes from trees in *Brazil Brazilian*.
 - Many of the computers and phones we use are *Japan/Japanese*.
 - A lot of our cars are *Korea/Korean* or *China/Chinese*.
 - Did you know that a lot of the world's petrol is made from *Egypt/Egyptian* oil?



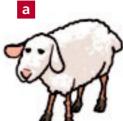


1 d leather

2 wool

3 gold

4 rubber

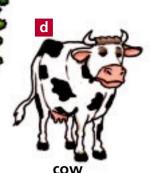


sheep

mine



tree



Name an everyday object.
Say what it is made of



A tennis ball.



PROJECT

1 Choose one of these materials.

rubber gold wool wood oil leather

2 Find out:

- the name of the country/ countries it comes from
- some of the different things that are made from it
- how we use it.

3 Then write two paragraphs about the material.

Rubber comes from rubber trees. There are many rubber trees in Brazil and also in countries in Africa and Asia. Some rubber is also made from oil.

We use rubber for a lot of different things. Tennis balls are made of rubber, as well as some shoes and, of course, the rubbers we use at school.





Workbook page 28

Review

Now you can ...

- talk about materials
- 1 Choose the correct word
 - 1 Wood Rubber comes from trees and we use it to make furniture and paper.
 - 2 Paper/Rubber comes from trees and some boots are made of it.
 - **3** Leather/Oil comes from cows and some shoes and bags are made of it.
 - **4** Petrol/Gold comes from a mine and you can use it to make money.
- use made of, made from or made in
- 2 Rewrite the sentences to have the same meaning, using *made of*, *made from* or *made in*
 - **1** This rubber pencil case was once a car tyre!

 This pencil case is *made of* rubber. It's an old car tyre.
 - **2** A lot of the world's best cotton is Egyptian. A lot of the world's best cotton clothes are _____ Egypt.
 - **3** My dad gave me a small, plastic Japanese toy.

 The toy which my dad gave me is ______ Japan and it's _____ plastic.
- talk about countries, nationalities and materials
- Where do these objects come from and what are they made of?











Example:

a It's Egyptian and it's made of wool.

Korea



Workbook page 29

mber 20 UNIT MONNENM ilm Lesson 1

- Ask and answer
- How do you usually find out about the news?
- Complete the sentences about a newspaper

headline print reporter

- **1** You *print* a newspaper using a machine.
- **2** A writes for a newspaper.
- **3** A tells us what an article is about.
- **B** Read the magazine article about newspapers and put the pictures in the correct order



- 4 Complete the sentences with information from the article
 - 1 Reporters visit places and interview people to get information.
 - **2** People in the office check the information in an article because
 - **3** They add headlines to each article so that readers
 - **4** People also work at night because

OBJECTIVES

- **Grammar** The present simple passive
- **Reading** Reading about how a newspaper is made
- **Listening** Listening to someone talking about an invention
- **Speaking** Responding to information
- **Writing** Writing about how something is made

newspapers made?

First, reporters find out about interesting news stories. They interview people and visit places to get information. Photos are often taken and they are added to some of the articles.

After an article is written, the information is checked by people in the newspaper office. They want the information to be accurate. The spelling is corrected, too. A headline is added so that readers know what the article is about. Finally, the order of the articles and photos is decided.

Each newspaper page is designed on a computer. Then the complete newspaper is printed. The newspaper must be ready early in the morning, so people must work at night.

The printed newspapers are collected and are driven to shops, where they are sold. Millions of newspapers are bought by people all over the world. Newspapers are not only bought in shops. You can usually read them online, too.

Internet search



Find out the names of some newspapers in other countries.

1 Underline the verbs in each sentence

- **1** How are newspapers made?
- 2 Photos are often taken and they are added to some of the articles.
- **3** After an article is written, the information is checked.
- **4** The printed newspapers are collected and are driven to shops, where they are sold.
- **5** Newspapers are not only bought in shops.

GRAMMAR BOX

The present simple passive

- We use the passive when we don't know who does something, or when the action is more important than the person who does it.
- We form the present simple passive with the verb be + the past participle of the main verb (there is a list of irregular verbs on WB page 35). The object of the active sentence becomes the subject of the passive sentence:
 - People buy newspapers every day. = Newspapers are bought every day.
- We form the negative with be + not + past participle: Photos aren't added to all newspaper articles.
- We form the question with be + subject + past participle: Are the newspapers printed every day? When are photos taken of your class?
- We can use by + noun to say who did the action: All the pictures were painted by the students.

2 Rewrite the sentences using the present simple passive

- 1 We speak Arabic in Egypt. Arabic is spoken in Egypt.
- **2** People write millions of text messages every day.
- **3** They sell newspapers in that shop.
- **4** Tourists take hundreds of photos of the Suez Canal.





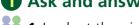
& 3 Work in pairs. What are these sentences about?

books emails -radio stations

- **1** About 60 of these are listened to every day in Egypt.
- **2** About 500 million of these are sold in the UK each year.
- **3** About 200 million of these are written every minute around the world.
- **4** About 8.1 million are made in Japan every year.



Ask and answer



- 1 Look at the picture. What do you think this invention is?
 - **a** a kind of cooker
 - **b** a kind of fridge
 - **c** a kind of shower
- **2** Can you match the words and the numbers on the picture?

1 2

(2) Listen to a conversation about the invention and check your answers to exercise 1

hole inside container outside container

((3) Listen again and put the sentences in the order you hear them

- You put your food in the inside container, and it stays cool.
- Then water is added to the soil. b
- A few holes are made in the outside container for air.
- Soil is added to the space between the two containers.
- **e** 1 One container is put inside the other.

4 Complete the sentences with your own ideas and respond to the information

- **1** Yesterday, I met
- **2** I read a story in the newspaper about
- **3** I watched a very sad programme on TV about
- **4** Last week, my friend saw
- **5** I can't find my

Yesterday, I met a famous person



Responding to information

That's (good/bad)!

Really?

Oh dear. What a pity.

How (interesting/amazing)!

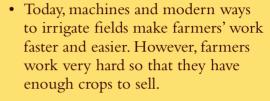
I can't believe it!

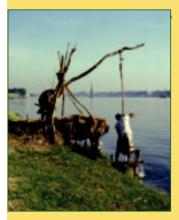




The water from the Nile, the warm weather and the good soil make land near the Nile very good for farming. We grow a lot of wheat, maize, mangoes, oranges, lemons, grapes and spinach in Egypt. Rice, cotton and sugar are also very important crops.

 Most modern Egyptian farmers grow several different crops every year. Most rice is grown in Kafr el-Sheikh and Dakahlia. The largest cotton crop is from Beheira and sugar cane is grown in Upper Egypt.





In the past, farmers used donkeys and other animals to help them farm the land using a plough. It took a long time for them to do this and later to plant the seeds. To irrigate the land, farmers used the shaduf. With this invention, they could irrigate fields when the river was not in flood. However, this was very hard work.



• Egyptian rice, cotton and sugar are sold to many other countries. The crops that are sold are important for Egypt's economy.

1 Match the crops and the pictures

maize mangoes spinach wheat



- 2 Which of the words in blue in the text mean the following?
 - 1 to give crops water *irrigate*
 - **2** a machine that is used for farming the land
 - 3 the small hard parts of a plant from which a new plant grows
 - **4** animals similar to a horse

3 Work in pairs and do the following

- **1** Name three things that make the land near the Nile good for farming.
- **2** Name two reasons why farming was more difficult in the past.
- **3** Name three crops that other countries buy from Egypt.



- **1** Why are farmers so important?
- **2** Which foods in the article do you eat most days?



Workbook page 31

Review

Now you can ...

2015: The Mew Suez Canal use words to describe parts of a newspaper

1 Complete the text

article headline photograph reporter

Look at this **1 photograph** of the Suez Canal in the newspaper. There is also an 2 about it. The **3** is: 2015: The New Suez Canal. The 4 writes, Now many ships can use the Suez Canal.

use the present simple passive

2 Rewrite the sentences in the present simple passive

1 Ahmed's uncle drives Ahmed to school every day. Ahmed is driven to school every day by his uncle.

- **2** The writer wrote this book in English and Arabic.
- **3** They sell good food in that restaurant.
- **4** A woman takes sandwiches to the newspaper office every lunchtime.

respond to information

- Choose the correct words
 - 1 "Yesterday, something sad happened." "Oh dear How interesting!"
 - 2 "My friend once found a letter in a bottle in the sea." "What a pity./Really?"
 - **3** "You came first in the class in all the subjects." "Oh dear./I can't believe it!"
 - **4** "Sorry, I can't come with you to the park. I must finish my homework." "What a pity./That's interesting!"

talk about food and crops

4 Complete the sentences

mango maize Spinach wheat-

- 1 Bread is made from wheat or
- **2** is a healthy green vegetable.
- **3** A _____ is orange or green. It makes delicious juice.

Writing skills

Use however to give a contrasting idea or view:

Some people think there are no flowers in the desert. However, some of Egypt's most beautiful flowers grow in the Sahara.

Review F

Lesson 1

1 Read the magazine article and choose the correct words from a, b, c or d

1 a than	n 6 as	c like	d so
2 a mate	erials b parks	c food	d homes
3 a in	b by	c for	d from
4 a crop	os b contair	ners c seeds	d food
5 a cotte	on b metal	c leather	d glass
6 a soil	b oil	c wool	d water

Where does all the rubbish go?



Every day, rubbish is collected from parks, from homes and other buildings. Most of it is then taken to large areas of land. After a few months, the rubbish in these places is as high I a hill. This is not the best thing to do with the rubbish, because we can recycle many of the 2

Most of the rubbish is old containers, metal, paper and plastic. We can make a lot of new things from these materials. Many car parts are made 3 old metal. Old plastic, wool and cotton are used to make clothes. New paper is often made from old paper.

In many cities, rubbish is taken to places where the different materials are put into large 4 Paper, newspapers, 5 cans, glass and plastic bottles are most often made into new things. Even mobile phones contain some metal and plastic parts that we can recycle.

What happens if these materials aren't recycled? They stay on the land and they can pollute the 6 _____ and our drinking water. So, when you next put your rubbish outside, ask yourself, "Can any of this be used again?"

2	Are	these	sentences	true	(<i>T</i>)	or	false	(<i>F</i>)?
---	-----	-------	-----------	------	----------------------------	----	-------	---------------

Are these sentences true (1) or raise (1):
1 F We cannot use most materials in rubbish again.
2 Parts of new cars are often made from old metal.
3 Glass, paper, metal and plastic aren't usually recycled.
4 We cannot use mobile phone parts again because they are dangerous.
Rubbish that stays on the land is bad for the environment. Workbook page 33

Review F

Lesson 2

1 Which materials are these things usually made of? Choose as many answers as possible

cotton glass leather metal plastic rubber wood wool

1 a rucksack leather, plastic, cotton

2 a bottle

3 sandals

4 a mouse mat

5 a table

6 a blanket

- Listen to the conversation in a shop. What colour is the pen that Omar buys?
- ((3 Listen again and complete the table

made from	made of	made in	more/less expensive?
an old water bottle			

Listen and put each word in the correct box

added decided designed finished listened planted polluted recycled used watched

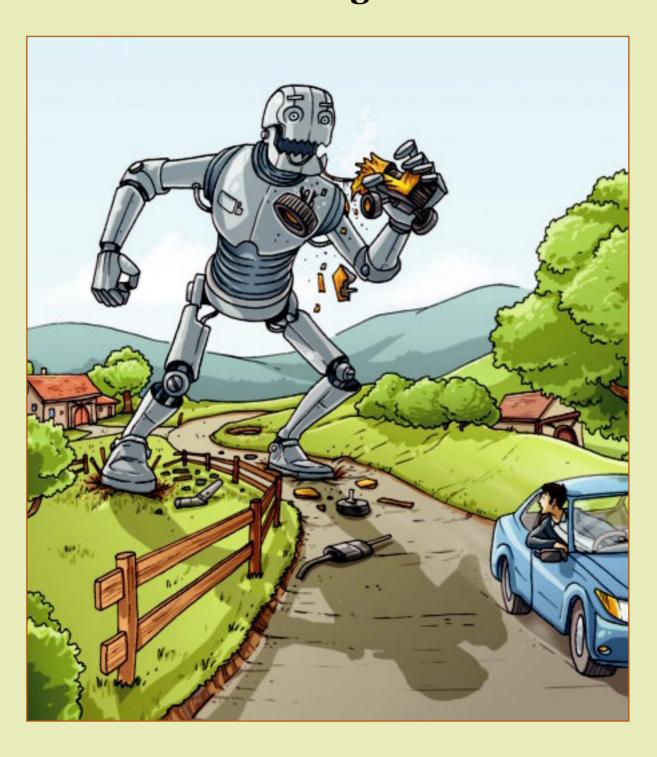
-d or -ed sounds like [t] -d or -ed sounds like [d] -d or -ed sounds like [Id]

finished

Workbook page 34

The Iron Man

by Ted Hughes





The Iron Man

1 Read about the writer and poet Ted Hughes and answer the question

What were many of Ted Hughes's poems about?

- Which of the words in red in the text mean the following?
 - 1 writing using beautiful words poems
 - **2** people who write poems
 - **3** made a person think a certain way
 - **4** liked to do something
- Are these sentences true (T) or false (F)?
 - **1 F** Ted Hughes didn't go to university.
 - **2** He taught English in the USA.
 - **3** He often wrote about nature.
 - **4** He also wrote children's books.
 - **5** He bought a farm when he was 68 years old.

Ted Hughes (1930–1998)

Ted Hughes was from the north of England. He started writing when he was at school. He wrote poems for the



school magazine. Hughes studied at Cambridge University, then from 1957 to 1959 he taught English in the USA. When he returned to England, he stopped teaching and worked as a writer.

Hughes loved nature and it often **influenced** his writing. He wrote about the beautiful animals and birds of England.

Hughes was one of the best **poets** of the 1900s, but he also wrote successful children's books. In 1970, he bought a farm in the southwest of England and **enjoyed** writing and farming there. He died aged 68.

Who is the Iron Man?

Ted Hughes wrote *The Iron Man* as a story for his two children. In the story, the **adults** want to **destroy** the Iron Man, but a young boy called Hogarth tries to understand him and help him. It is a story about how we learn to understand each other and be kind. In 1999, a film company made an **animated film** of the story.



Internet search

Find the names of some of Ted Hughes's poems. Which have animals in them?

- 4 Which of the words in red in the text mean the following?
 - 1 a story with moving drawings animated film
 - 2 people who are not children
 - **3** to damage something so badly that you cannot use it again _____
- CRITICAL THINKING
- **1** Why is the young boy important in the story?
- **2** What do we learn in this story?

The Iron Man Chapter 1

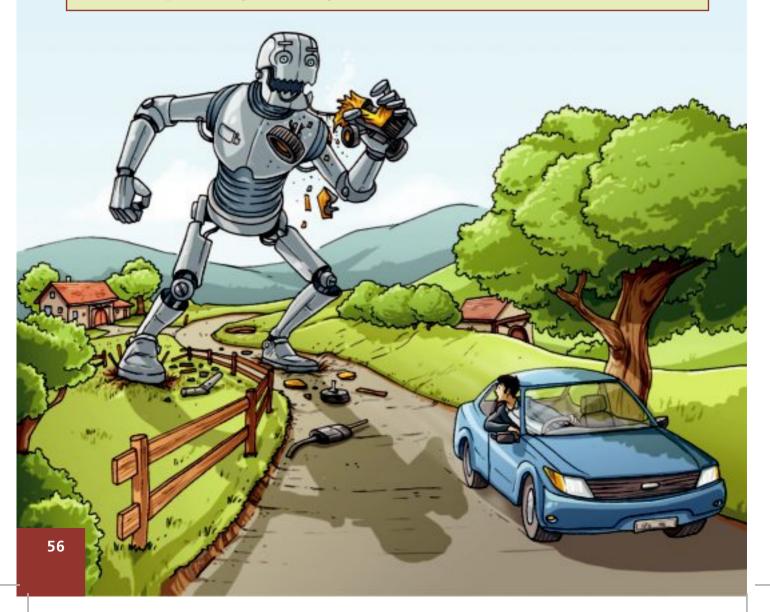
One dark night, the Iron Man stood on a cliff. Nobody knew him or knew where he lived. He was taller than a house and his head was as big as a bedroom. He didn't speak. He waited and he looked at the sea. Then suddenly, he walked off the cliff and fell down to the beach! He broke on the stones.

The next morning, two birds flew to the beach. One bird found the Iron Man's eye and the second bird found his hand. Then the hand moved slowly. It picked up the eye, and then put the head, the arms, the legs and the body together! The Iron Man stood up again. Then he walked into the sea.

One evening, a farmer's son called Hogarth was fishing in a river near the sea. He looked up and saw the Iron Man. The Iron Man was climbing the cliff. The boy ran home very fast and told his parents. Hogarth's father got into

his car and went to find help. When he was in the car, he saw some very unusual things: half a tractor, half a van and a quarter of a plough in the road! Was something eating them? He started to drive home, but suddenly he saw the Iron Man! A very big hand tried to pick up the car, but Hogarth's father drove away as fast as he could.

The next day, all the farmers were talking and shouting. What was destroying their tractors, cars and vans? The Iron Man was eating them! They went to the cliff, but the Iron Man wasn't there. He was in the sea again. The farmers were angry. They wanted to make a trap for the Iron Man. They made a big, deep hole and covered it with tree branches and soil. They put an old van next to the hole and waited for the Iron Man. They waited for many days, but the Iron Man didn't come.



Match the words and the definitions a what farmers drive and use on a farm cliff **b** very high ground near the sea deep 3 **c** something that can catch animals or people iron d a hard metal 4 tractor 5 **e** a long way down in a river, the sea or a hole trap f took in a hand 6 picked up 2 Answer the questions **1** What did the birds find on the beach? 2 Who saw the Iron Man first? **3** Where was Hogarth's father driving when he saw the Iron Man? **4** Where did the farmers go to look for the Iron Man? Are these sentences true (T) or false (F)? **1** | T | The Iron Man was very big. Two birds found the Iron Man's body in the sea. 3 Hogarth was swimming in a river when he saw the Iron Man. 4 The Iron Man tried to pick up Hogarth's father's car. 5 The farmers thought that the Iron Man was eating their tractors. They made a very big hole to hide their tractors in. 4 Read the quotation and answer the question "They put an old van next to the hole and waited for the Iron Man." Why do you think the farmers put an old van next to the hole? **5** Think of three words to describe the Iron Man **1** Why do you think the Iron Man walks into the sea? 2 What other things do you think the Iron Man would like to eat? **3** Do you think the farmers were right to make a trap for the Iron Man? 57

The Iron Man Chapter 2



One night, Hogarth wanted to catch a fox in the same trap. While he was waiting, he heard the Iron Man walking down the hill. The Iron Man was eating a metal fence and he was walking fast. Hogarth had an idea. He picked up a metal nail and a knife, and he made a sound with them. Clink! Clink! Clink!

The Iron Man heard the sound and he turned towards the boy. Hogarth was frightened, but he started walking towards the trap and the Iron Man followed him. When they got to the trap, the Iron Man fell into the hole! Hogarth looked at the Iron Man in the deep, dark hole. Then he ran home shouting, "The Iron Man's in the trap!"

When the farmers saw the Iron Man in the trap, they laughed. The Iron Man couldn't climb out. His eyes looked like red lamps in the hole. The farmers drove their tractors to the hole and they filled it with soil and made a hill. They couldn't see the Iron Man now, so the farmers were very happy, but Hogarth was sorry.

A year later, a family was eating lunch on the

hill that covered the Iron Man. While they were eating their sandwiches, they saw a big iron hand come out of the ground!

"Run to the car," shouted the father.

The Iron Man came up out of the ground and he was very hungry. He ate three new tractors, two cars and a plough! The farmers were frightened, but Hogarth had an idea. He visited the Iron Man and stood in front of him.

"Mr Iron Man," shouted Hogarth. "We've got a lot of iron for you. You can have it all, but please stop eating the cars and tractors." The Iron Man stopped and turned to the boy.

"We're sorry," said Hogarth.

Hogarth and the farmers drove down the hill and the Iron Man followed them. Then they came to a place full of old bikes, cookers, fridges, cars and vans. It was a scrap metal yard!

"There," said Hogarth. "Eat all you can." The Iron Man was very happy. He sat down and he ate and he ate.

1 Complete the sentences

fence followed frightened nails scrap metal yard

- 1 Mr Harris couldn't sell his old car, so he took it to the scrap metal yard.
- **2** There was a tall around the field.
- **3** The carpenter used twelve to make the table.
- **4** My uncle drove home and we _____ him in our car.
- **5** Birds are of cats, so they fly away when they see one.

2 Answer the questions

- 1 Why did the Iron Man fall into the trap?
- 2 Why do you think the Iron Man's eyes looked like red lamps?
- **3** Why did the Iron Man eat a lot when he came out of the ground?
- **4** What does Hogarth ask the Iron Man to stop doing?

Put the events into the correct order

- **a** The Iron Man came out of the hole in the ground.
- **b** The Iron Man was happy and he sat down and ate.
- **c** The Iron Man fell into the trap.
- **d** Hogarth took the Iron Man to the scrap metal yard.
- The farmers filled the hole with soil.
- f 1 Hogarth saw the Iron Man coming down the hill.

4 Read the quotation and answer the questions

"Mr Iron Man," shouted Hogarth. "We've got a lot of iron for you. You can have it all, but please stop eating the cars and tractors."

- 1 Why did they want the Iron Man to stop eating the cars and tractors?
- 2 Why does Hogarth tell the Iron Man that he can eat all the iron in the scrap metal yard?

5 Find two examples in the text that show Hogarth is brave

SRITICAL THINKING

- 1 Why was Hogarth's idea to take the Iron Man to the scrap metal yard a good idea?
- 2 Why did Hogarth say sorry to the Iron Man?
- **3** Why do you think the Iron Man is happy in the scrap metal yard?



The Iron Man Chapter 3

One night, the people saw a beautiful star. It was red and it grew bigger and bigger until it was as big as the moon. Then one night, an unusual animal flew down to earth. It had two large wings and a long tail. It was a huge dragon and it flew as fast as a space rocket. It landed on Australia! It covered the country from the desert to the sea.

Nobody knew what to do. They all waited. The next day, the dragon asked for food. It was hungry and it wanted to eat people, forests and animals! The people were very frightened and they wanted to destroy the dragon. They tried many times, but they couldn't hurt the dragon. It was too big.

Hogarth heard about the dragon and he was sure that the Iron Man could help. Hogarth asked the Iron Man, "Please can you think of a way to help us destroy the dragon?"

The Iron Man sat down and he thought. Then he

had an idea! The Iron Man went to Australia and found the dragon.

"This is a test," he said to the dragon. "Who is the strongest?"

The dragon laughed because the Iron Man was as big as a tree, but the dragon was as big as Australia! The Iron Man wasn't worried. He sat on the ground and made a huge fire around him. The fire grew hotter and hotter. When the Iron Man was as hot as the sun, he stood up. He said to the dragon, "Fly to the sun and sit in its fire."

The dragon flew to the sun and sat there. The people watched. When he came back to earth, the Iron Man sat in his fire again and told the dragon, "Fly back to the sun."

The dragon did this, but it was very hard. When the Iron Man asked him a third time, the dragon said, "No, I can't! It's too much!"

"Then I've won," shouted the Iron Man.



1 Match the words and their definitions

- 1 c dragon
- **2** Australia
- **3** wings
- 4 landed
- **5** huge
- a a big, hot country in the south of the world
- **b** flew down to the ground
- c in stories, this animal breathes fire and can fly
- **d** very big
- e birds and planes have two of these which they use to fly

2 Answer the questions

- 1 What happened in Australia?
- 2 What did the dragon ask for?
- **3** Why couldn't the people destroy the dragon?
- 4 What did the Iron Man do in the test?
- **5** What did the Iron Man ask the dragon to do?

3 Are these sentences true (T) or false (F)?

- **1** The dragon flew to the earth.
- **2** The dragon flew faster than a space rocket.
- **3** The people tried to destroy the dragon.
- **4** The Iron Man was frightened of the dragon.
- **5** The dragon was stronger than the Iron Man.

4 Read the quotations and answer the questions

"The people were really frightened and they wanted to destroy the dragon."

- 1 Do you think this was a good idea? Why/Why not?
 - "But the Iron Man wasn't worried."
- 2 Why wasn't the Iron Man worried?

RITICAL HINKING

- 1 Why do you think that Hogarth thought the Iron Man could help?
- **2** Why do you think that the Iron Man wanted to help the people in Australia?
- **3** Why do you think that the dragon wanted to do the test?
- **4** Were you surprised that the Iron Man was stronger than the dragon? Why/Why not?



The Iron Man Chapter 4

"You've won," said the dragon. "I'll do what you want now, but I won't go back to the sun." The Iron Man asked the dragon, "Why did you want to frighten the people?"

The dragon looked at the ground. "I don't know why," he said. "I'm sorry."

Then the Iron Man asked him, "What can you do to show that you are sorry?"

"I can sing!" said the dragon.

"Good. You can sing for us," said the Iron Man. "It will make the people happy."

"I will," said the dragon.

So every night after that day, the dragon flew around the earth and sang. The people looked up and watched the dragon, but they weren't frightened. They liked the song. From that day, the earth became a happy place.

Now the Iron Man was a hero and all the people liked him. He went back to his scrap metal yard and people sent him old cars, fridges and nails to eat. While he was eating, he listened to the dragon's song. Now that the people understood the Iron Man and the dragon, they were kind to them, and the Iron Man and the dragon were kind to the people.

1 Put the events into the correct order

- The Iron Man listened to the dragon's song while he was eating.
- **b** The dragon flew around the earth and sang every night.
- The Iron Man went back to his scrap metal yard.
- The people were kind to the Iron Man and the dragon.
- e 1 The Iron Man asked the dragon, "Why did you wanted to frighten people?"
- **f** The dragon said, "I can sing."

2 Answer the questions

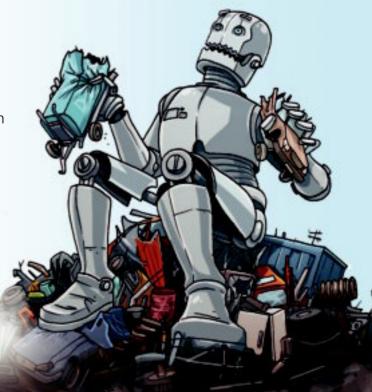
- **1** Why do you think that the dragon wanted to frighten the people?
- **2** Why did the people send the Iron Man old cars, fridges and nails?
- **3** Why do you think that the earth became a happy place?

Read the quotation and answer the question

"Now the Iron Man was a hero and all the people liked him."

- 1 Why was the Iron Man a hero?
- **2** Why were the people kind to the Iron Man and the dragon?





Word list

The Iron Man

ine iron mun		
adult animated film Australia cliff deep destroy dragon enjoy fence	follow frightened huge influence iron (n) [metal] land (v) nail pick up poem	poet scrap metal yard tractor trap (n) wing
a	breathe 13	definitely 12
accurately 10	briefcase 16	difference 16
add 11	burn 14	disease 15
Africa 17	bus stop 15	donkey 18
air 11		
airport 12	<u>c</u>	<u>e</u>
America / American 17	calcium 13	earphones 14
ankle 14	can [tin] 17	economy 18
article 18	carbohydrate 13	Egyptian 17
	carefully 10	electric 12
<u>b</u>	certain 12	electricity 12
back (n) 14	check (v)18	energy 13
battery 16	chemical 13	environment 12
beads 10	China/Chinese 17	EU 17
beat (v) 14	contain 13	experiment 11
bend (v) 14	container 18	C
bilharzia 15	cooker 15	<u>f</u>
blanket 17	correct (v)18	fat (n) 13
boil (v) 15	cotton 17	ferry 12
bones 13	cover 14	fill 11
bottom 11	crops 18	fit [get fit] 13
brain 14	•	float (v) 11
Brazil /Brazilian 17	<u>d</u>	fly 15
break/broke 14	damage 14	fridge 18
	damaana 15	

dangerous 15

g	1	peel (n/v) 11
Germany/German 17	leather 17	percent 12
get on/off 15	lid 15	petrol 12
gold 17	lift (v) 14	plastic 17
	light (adj) [not heavy] 16	plough (n)18
<u>h</u>	lighthouse 10	popular 16
headache 14	liquid 11	possessions 16
headline 18	long 10	possessions 9
heal 14	loud 14	pour 11
heart 14	lungs 13	prediction 12
hold 14		print (v)18
heat (v) 11	<u>m</u>	printer 16
hole 18	maize 18	protein 13
hurt (v) 14	mango 18	
•	material 17	<u>r</u>
<u>i</u>	melt 11	recycle 17
immediately 10	metal 17	relax 13
ink 10	mine (n) 17	reporter 18
insect 15	mistakes18	roll up 15
inside 18	mix 11	rubber 17
instead of 13	mouse [computer] 16	rucksack 16
interview 18	mouse mat 16	
invent 10		<u>\$</u>
invention 10	<u>n</u>	safely 10
irrigate 18	natural 13	safety 15
•		sandals 17
<u>J</u>	0	scales [to weigh] 10
Japan/Japanese 17	outside 18	screen 16
k	oven 15	seat 16
	oven gloves 15	seconds 10
keyboard 16	n	seed 18
kill 15	<u>p</u>	sewing machine 9
knee 14	pan 15	sheep 17
Korea / Korean 17	papyrus 10	similarity 16

technology 12 sink (v) 11 university 12 skin 14 text message 16 USA 17 thief 16 sleeves 15 useful 16 smoke (v) 13 tobacco 13 space [room] 11 toothache 14 vinegar 11 spelling 18 toothpaste 10 vitamins 13 touch (v) 14 spinach 18 voicemail 16 stir 11 towel 15 stomach-ache 14 traffic 12 \mathbf{w} stopwatch 10 transport 12 warm 11 straight 10 turn off 15 weigh 16 stretch (v) 14 tyre 17 well (adv) 10 sure 12 wide 10 wool 17 UAE 17 t tall 10 UK 17 tape measure 10 underground 12

Irregular Verbs

infinitive	present	past	past participle
be	am / is / are	was/were	been
bend	bend	bent	bent
break	break	broke	broken
buy	buy	bought	bought
come	come	came	come
do	do	did	done
drive	drive	drove	driven
eat	eat	ate	eaten
have	has / have	had	had
get	get	got	got
go	go / goes	went	gone
grow	grow	grew	grown
hear	hear	heard	heard
hold	hold	held	held
leave	leave	left	left
make	make	made	made
meet	meet	met	met
put	put	put	put
ride	ride	rode	ridden
run	run	ran	run
see	see	saw	seen
sell	sell	sold	sold
show	show	showed	shown
sit	sit	sat	sat
speak	speak	spoke	spoken
swim	swim	swam	swum
take	take	took	taken
teach	teach	taught	taught
try	try	tried	tried
wear	wear	wore	worn
win	win	won	won
write	write	wrote	written



Year One

Workbook

Matthew Hancock

	I

Contents

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		Practice Test 6



Read and match the words with their meanings

- 1 d glass beads a a tower with a light that warns ships about danger
- 2 ink b what you put on your toothbrush to clean your teeth
- 3 lighthouse c a tall plant that you can use as paper
- **d** coloured balls that people use for jewellery, etc.
- **5** toothpaste **e** coloured liquid that people use for writing

Choose the correct words

- 1 Amal always paints beautifull beautifully.
- **2** It is an old clock, so it is not very *accuratelaccurately*.
- **3** Hamid did very *good/well* in his exams last week.
- 4 Huda's uncle always sings *happy/happily* when he's working.
- **5** Fareeda's sewing machine is always very *noisylnoisily*.

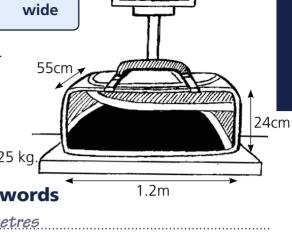
Rewrite the sentences to have the same meaning, using the adverbs in brackets



- **1** It was easy for Waleed to climb the hill. (*easily*)
- Waleed climbed the hill easily.2 Mona is very bad at painting. (badly)
- 3 Rania is always careful when she writes. (carefully)
- **4** Hamdi is a fast swimmer. (*fast*)
- **5** My cousin is very good at playing football. (*well*)

1	Look at the	picture and
	complete th	e sentences

longheavytallsealeswith1Omar's bag is on the scalesat the airport.2His bag is 1.2 m...3It's 55 cm...4It's 24 cm...5The bag is quite...It's 28.25 kg.



Write these measurements in words

- 1 355 km three hundred and fifty-five kilometres
- **2** 5 km/h
- **3** 48,000 km
- **4** 2.1 m
- **5** 1.3 kg

Now complete the questions and answers with these words and a measurement from exercise 2



How fast How long How heavy How tall How wide

1 How tall is a camel? A camel is usually 2.1 m tall.

..... wide.

- **2** _____ do most people walk? Most people walk at about
- is the Red Sea? Some parts of the Red Sea are about
- **4** were the first mobile phones? They were heavier than modern mobile phones. The first mobile phones were about
- **5** ______ is the world's longest road? The world's longest road, The Pan American Highway, is _____ long.

1 Complete these notes about two famous buildings with the correct measurement. Add a comma where necessary

years old m kg

Δ

- **1** How tall: 139 *m*
- 2 How old: about 4500
- **3** How heavy door inside: 18144
- **4** How heavy stones on outside: 13608

В

- **5** Opened in: 2010
- **6** How tall: 828
- **7** Number of people who worked on the building: 12000
- **8** Lift travels: ten ______in one second

Which facts in exercise 1 are about the Great Pyramid of Giza? Which facts are about the Burj Khalifa?





Write about a famous building

- Choose one of the buildings above.
- Use the notes above to write sentences about the building.

Remember to use the correct punctuation and abbreviations for numbers and measurements.



Choose the correct answer from a, b, c or d

- **1** Which of the following can't you peel?
 - **a** a banana
- **b** a carrot
- c (a cake)
- **d** a potato

- **2** What do you get when ice becomes warm?
 - a water
- **b** ice cream
- **c** snow
- **d** milk

- **3** Why do people make boats from wood?
 - **a** Wood sinks
- **b** Wood floats
- c Wood is soft
- **d** Wood is hard
- **4** What happens when you drop a key into water?
 - **a** It peels.
- **b** It floats.
- **c** It breaks.
- **d** It sinks.

- **5** What can you not eat with food?
 - **a** salt
- **b** vinegar
- **c** bread
- **d** petrol

2 Complete the sentences with the correct form of these verbs

break be drink drop _eat .feel feel lose snow use

- 1 You feel ill if you eat too quickly.
- **2** When it ______ very cold in England, it ______.
- **3** If you _____ a glass, it _____.
- **4** If I _____ my friend's pen.
- **5** I a glass of cold water when I hot.

3 Complete these sentences so that they are true for you

- 1 When I feel ill, I
- 2 If it is very hot, I
- **3** If I don't understand an English word, I
- 4 If I see my friends in the street, I
- 5 When I'm hungry, I

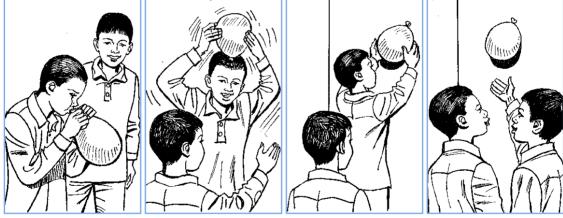
Choose the correct verbs

- **1** To stop the fire, the fire fighters **added poured** water on it for many hours.
- **2** My mother always *fills/sinks* a bottle with cold water for me to take to school.
- **3** I usually put sugar in my tea, then *peel/stir* it slowly before I drink it.
- **4** Before we ate the chicken, Aunt Sara *heated/hot* it in the oven.
- **5** The fire was very hot and all the plastic chairs started to *liquid/melt*.

Now complete these sentences with the correct form of the verbs

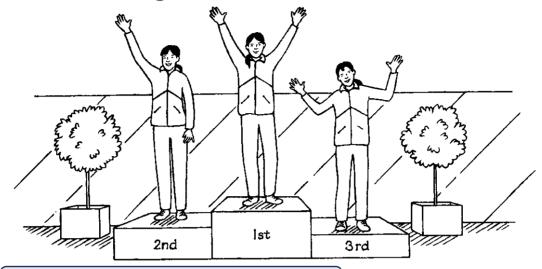
	fill	melt	heat	pour	stir	
1	1 If you put sugar into coffee, you need to <u>stir</u> the coffee.					
2	You can		a	balloon wi	th air.	
3	People oft	en		food be	fore they e	at it.
4	When ice l	becomes v	varm, the id	ce		
5	My mothe	r always		W	ater into ou	ır glas

Put the dialogue in the correct order



		/ / / /	
a		Hazem:	OK, the balloon has air in it now. What do we do next?
b	1	Hazem:	For this experiment, we have a balloon. What do we do first?
c		Hazem:	So does this electricity make the balloon stay on the wall?
d		Ashraf:	Finally, put the balloon on a wall. What happens?
е		Ashraf:	First, fill the balloon with air.
f		Ashraf:	Yes, that's right.
g		Hazem:	What's the final part of the experiment?
h		Hazem:	The balloon stays on the wall! Why does this happen?
i		Ashraf:	When you move the balloon across your hair, you get electricity.
j		Ashraf:	Next, move the balloon across your hair.

1 Put the ordinal numbers in the correct order from smallest to largest



eighteen	th first	thirtieth	third
1 first		5	
2		6	
3		7	
4		8	

second

Now abbreviate these ordinals

thirteenth

twentieth

1 eighth <u>8th</u>	5 forty-third
2 twenty-first	6 twelfth
3 seventh	7 fiftieth
4 thirty-second	8 thirty-eighth

Write a diary about your past week

- Write the date for each day. Abbreviate the ordinal numbers.
- Write one or two sentences about each day.

If you did many things on one day, say what you did first, next and after that.

Transport of the future

Complete the sentences with the correct w

electric electricity new technology the environment petrol

- 1 New technology can help people get better in hospitals.
- **2** Most cars use _____ for energy.
- **3** Computers use _____ for energy.
- **4** We should look after ______ because we all live in it.
- **5** Most metro trains are

Read and match to make sentences



- **1** C Mr Sami is ill today, so
- **a** he will be able to play in the next game.
- Mona's uncle could speak English **b** it is too windy. when he was ten because
- - Ali will be late for school because **c** he won't be able to teach the maths class
- The boats can't go out to sea today because
- **d** he missed the bus.
- The football team has a new player and
- **e** he went to school in London.

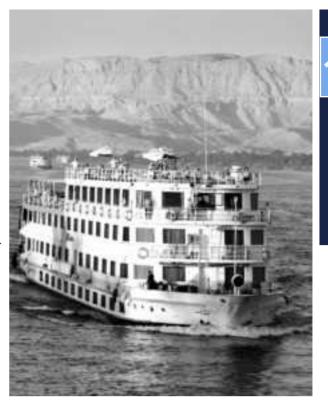
3 Answer the questions

- **1** What could you do when you were three?
- 2 What can't you do now that you will be able to do when you are 21?
- **3** What won't you be able to do when you are 21 that you can do now?

1 Match the forms of transport to the places

ferry car train coach boat plane bicycle

1	airport <i>plane</i>
2	road, ,
3	railway line
4	lake, river or sea



2 Complete the dialogue

hundred	percent	impossible	Perhaps	we	will
sure	we'll	be able to	will defini	tely	

Nabila: This magazine says that 1 we'll be able to go skiing in Egypt in the future.
Randa: That's 2 ! It will never be cold enough for skiing.
Nabila: But the weather is changing. Do you think Egypt will have snow in the future?
Randa: That 3 _______ not happen.
Nabila: My English friend says that England has a lot more rain in the winter now. have more rain, too.
Randa: I'm not 5 ______ I think the weather will get hotter.
Nabila: I'm a 6 ______ sure that today is hotter than yesterday! Let's go to the beach.

3 Answer the questions

1	Do you think more or fewer people will travel by coach in the future?
2	Do you think planes will be larger or smaller in the future?
3	Do you think we will be able to go by train to more or fewer cities in the future?
4	Do you think cars will be able to fly in the future?

Complete the sentences with your ideas



1 There are some delicious dishes in Egypt	, such as			
2 People use some animals, like	, for transport.			
3 Tourists love to visit famous places in Egy	ypt, for example,			
2 Read and match to make se	entences			
1 C Today's trains are usually	a is usually expensive.			
2 Many forms of transport use roads,	b but it is a good way to see the Nile.			
3 Travelling by plane	c faster than coaches.			
4 Travelling by boat is usually slow,	d for example, buses, coaches and cars.			
3 Write predictions about the	e future of transport			
Which forms of transport will become faster?				
 Which forms of transport will become cl 	Which forms of transport will become cheaper or more expensive?			
 What new forms of transport will there 	What new forms of transport will there be in the future?			
 Will we be able to go to new places, for 	Will we be able to go to new places, for example, to space?			
Remember to give examples for each form of transport you describe.				

Practice Test 4

1 Liston		Listening	ect answer	from a, b or c:
	nks in	ose the con	ect answer	iroiira, b or c.
a oil	IIIK3 III	b water	c milk	
	you make an he egg.	egg float in wat b Add oil.	er? c Add salt.	
	s salt and			
a heavier	• • • • • • • • • • • • • • • • • • • •	b the same as	c lighter th	nan
	ker talks abou		cı .	
a boil an	egg.	b fry an egg.	c float an	egg.
	В	Language F	unctions	
2 Comp	lete the f	ollowing di	alogue:	
Clerk: Passenger Clerk:	: Yes, I am. He Thank you. F can see how : Certainly. He	ere's my 1 Please put your so 3 ere you are. tv	uitcase on the 2	so we
3 Supply dialog		sing parts i	n the follov	ving two mini-
1 Doaa: Mariam:	Do you think		doctors in the fu	ture?
Doaa:			will always need	d doctors.
Osama:	It's ten kilogi	rams.	rry it to school ev	? very day?
	_			

C Reading Comprehension

4 Read the following, then answer the questions:

	Great Pyramid of Giza	Burj Khalifa
Where is it?	Giza	Dubai
How tall?	139 m	828 m
How old?	About 4500 years old	Opened in 2010
Has a lift?	No	Yes

1	Which two buildings is this chart giving facts and figures about?
2	How old is Burj Khalifa?
3	How do people get to the top of Ruri Khalifa?

4 Burj Khalifa isa smaller than5 You can visit Burj Khal	b taller than	c older than	d as big as
a the Emirates	-		d America
a. Choose the o		from a, b, c or	d:
a a farmer b the I2 The farmers wanted	ron Man c a farm	Iron Man.	
b. Answer the1 Where did the Iron	-		
2 Why did the boy ru			
E Choose the cor	Vocabulary and		
1 Nadia definitely	y be a doctor one day.	She is very clever.	_
a will2 Next year my cousin ira will	b could n England will buy a co b could		
a can'tbed late, y	ol last week because he b couldn't you tirec	e was ill. c won't d the next day.	d must
a feel5 The class listeneda beautifully	b quickly	•	d feelingd carefully
6 A horse weighs abouta kilometres7 If you put ice outside	b kilograms	c centimetres	d grams
a floats8 We can get to the otha coach	b melts	c sinks riding a c bicycle	d boils d car
Read and corre	j	-	G Cui
1 The internet is a very i2 Mona passed the exar3 In the restaurant, the	n <u>hardly</u> yesterday. Sh	e got a hundred perc	
Write a paragra of tea.	Writing aph of six sent	ences on how	to make a cup



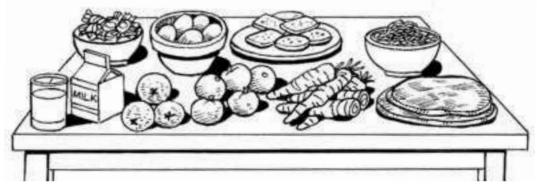
1	lf y	you have a	lot of energy,	do you	want to run	or sleep?	You want to run.
---	------	------------	----------------	--------	-------------	-----------	------------------

- 2 Which contain more protein, nuts or apples?
- **3** Do you find bones inside or outside the body?
- 4 Is the Suez Canal natural?

2 Complete the table with these words

apples biscuits bread cakes carrots cheese eggs fish meat milk oranges pasta rice sweets butter lentils

Carbohydrate	Protein	Calcium	Fat and sugar	Vitamins
bread				



Match to make sentences

- **1** C He's a fast runner,
- **2** \bigcap You shouldn't eat too many cakes,
- **3** Ali can't speak English,
- **4** You live in Egypt,
- **5** They are tall trees,
- **6** You don't like sweets,

- a don't you?
- **b** should you?
- c isn't he?
- **d** aren't they?
- **e** do you?
- **f** can he?



	Comp	lete th	ne sentend	:es	with the	ese v	vords	•	
	fit	for	instead of	:	relax				
l E	Eating to	o many s	sweets is bad .:	for	you.				
2 /	Ali is very	tall, so	he likes to play	bas	ketball			footba	all.
3 H	Hisham is	s very			He runs in t	he par	k every	day.	
1 [During th	ne holida	ys, I like to			on the	e beach	١.	
) (Choos	e the	correct we	ord	s				
		_	get fit quickly?						
			ou play volleyb						
	•	•	tennis every w						
		, ,	<i>ing</i> swimming		ne weekend				
			<i>Istarting</i> a ne						
					•				
) ()			atch to m	аке	•			•	
1 [<u> </u>	don't yo	•	а	all your En			•	J
2 [\equiv	could rea		b	to always l	eave yo	our glas	ses in th	ne same ro
3	=	about re	ading	C	, ,				
4 [= ' '	ractising		d	your little s		•	bed.	
5 [It's a	good ide	ea	е	shopping f	or him	?		
) I	Now n	natch	the advice	e ir	n exercis	e 3			
_			blems				()- ()		
	below _							90	
a [, , ,		er is ill and car e at the mome			X	9		
b ſ			does not like			Y			
٠ ر		g to sleep			/	k	Ľ		2 7 2 E
ב [l wan	it to be g	jood at tennis!			_	C		M
d [off my glasses a			7	12		f , \(
	home put tl		remember wh	ere I		//	// \/\	4	Lat-
م ا			lish test next				Υ, γ		20/198
e [week	_	וואוו נפאנ וופאנ			1	yn ?	TIN	

 It is important You can find v Nuts, beans an The fat in olive 	the sentences with a question tag that people have enough vitamins, isn't it? vitamins in many kinds of food, and eggs all contain a lot of protein, e oil is not bad for you, coffee,
Put the di	ialogue in the correct order
a Maher:	No, they don't. Most adults sleep for about eight hours a night. Yes, he does. He's four years old. Young children sleep for about 13 hours a night.
c Maher:	Yes, we do. Children of our age should sleep about nine or ten hours a night.
d 1 Nasser:	Your little brother sleeps a lot, doesn't he?
e Nasser:	Adults don't sleep as long as us, do they?
f Nasser:	We have much less sleep, don't we?
	wants to be healthy. Write a dialogue between and Person B
	about healthy food.
Person A asks	,
	s some advice about what to eat.
Person B gives	about exercise.
Person B givesPerson A asks	

Match the parts of the body to the sentences

	back	brain	heart	knees	skin		
1	These a	re in the r	middle of	your legs	knees		
2	Cover t	his in the	sun, or it	can burn			
3	You car	ı't see this	because	it is behind	you		
4	This is in	าside youi	head				
5	This bea	ats faster	when you	run			
2	Matc	h to m	ake se	ntences			
1	d We	took a ph	otograph			а	help themselves.
2	I If I o	don't use	the comp	uter for ter	minutes, it	b	write the letter yourself
3	If yo	our friends	s want a g	glass of wat	er, they can	C	turns itself off.
4	. The	small boy	smiled w	hen he		d	of ourselves by the pyramids.
5	☐ I car	n't help yo	ou. You m	nust		е	saw himself on the television.

Complete the sentences using the verbs in brackets to make the first conditional

1	If we <u>visit</u> (visit) P (see) the Eiffel Towe	
2		(do) well (go)
3	Unless you(eat) enough for brebefore lunchtime.	eakfast, you
4		(live) in Cairo if he
5	You	



Complete the sentences with these words

ankle broke cold headache stomach-ache toothache

- 1 Adel walked home in the rain and now he has a *cold*...
- 2 Mazin hurt his _____ when he was playing football.
- **3** Manal fell and her arm.
- **4** Hala ate too much and now she has a
- **5** Hussein always eats sweets and now he has _____
- **6** Mr Medhat worked on the computer all day and now he's got a

2 Answer the questions





- 1 What can you bend, a plastic ruler or a pencil? You can bend a plastic ruler.
- **2** What can you lift easily, a chair or a car?
- **3** What can you stretch, a jumper or a pen?
- **4** What can you hold, air or a ruler?
- **5** What can you touch, your ears or your brain?

Choose the correct words to complete the dialogue

Doctor: Hello Hassan. **1** What's How's the matter?

Hassan: I **2** *hurt/stretched* my back.

Doctor: When did you do this?

Hassan: It started after I **3** *lifted/touched* some weights.

Doctor: Did you **4** *hold/bend* your knees and lift the weight carefully?

Hassan: Yes, I always do that when I lift weights.

Doctor: Did you stretch your **5** *head/arms* before you lifted the weights?

Hassan: No, I didn't.

Doctor: Remember that it is important to **6** *stretch/hurt* before you do exercises.

	WILL	e thes	e num	pers as wor	ds		
1 3	32 <i>th</i>	irty-two	2	4 78			
2 2	29			5 12	4		
3 4	45				1 3	5 30	100
1	the s	ame i	meanin	ences to hav g, using hy	17.4		
	-		ainted this <i>ld boy pair</i>	s picture. 1 <i>ted this picture</i>	E	6	
2	read a	a book a	bout a boy	who is twelve.		7 100	2
3 /	 4 won	nan who	is eighty n	nade this cake.			
	Com	plete	the let	ter			
C	airo	4 Nort	h Street	4 May 2015	Best wishes,	Dear Eman,	Sara
						1 A Namble Ch	naat
						1 4 North St	reev
	3					2	
	4				ur lea What har	2	
	4 I a Dic pla Usi har	m sorry I you hed ying ten ually, sha nds behil	to hear th ar about Lo nis after s e exercise nd her hec	nat you broke yo amia? Lamia is m school when she s carefully befo	y twelve-year-o hurt her ankle b re she starts plo hes her toes. T	2 opened to you? Id cousin. She wo	ıs her
	4 I a Dic pla Us har Per	m sorry I you hed ying ten ually, sho nds behil rhaps tho	to hear thar about Lonis after se exercise at is why s	nat you broke yo amia? Lamia is m school when she s carefully befo ad, then she toud	y twelve-year-o hurt her ankle b re she starts plo ches her toes. The	2 opened to you? Id cousin. She wo adly last week. aying. She holds	ıs her
	4 I a Dic pla Us har Per	m sorry I you hece ying ten ually, she has behin haps the	to hear thar about Lonis after se exercise at is why s	nat you broke yo amia? Lamia is m school when she s carefully befo ad, then she touc she hurt her ank d tell me your ne	y twelve-year-o hurt her ankle b re she starts plo ches her toes. The	2 opened to you? Id cousin. She wo adly last week. aying. She holds	ıs her
	4 I a Dic pla Usi har Per Wr	m sorry I you hece ying ten ually, she has behin haps the	to hear the ar about Lonis after se exercise and her head at is why se soon and	nat you broke yo amia? Lamia is m school when she s carefully befo ad, then she touc she hurt her ank d tell me your ne	y twelve-year-o hurt her ankle b re she starts plo ches her toes. The	2 opened to you? Id cousin. She wo adly last week. aying. She holds	ıs her
	4 I a Dic pla Usi har Per Wr 5	m sorry I you hed ying ten ually, sho nds behin thaps the	to hear the ar about Lonis after se exercise at is why se soon and	nat you broke you amia? Lamia is m school when she s carefully befo ad, then she touc she hurt her ank d tell me your ne	y twelve-year-o hurt her ankle b re she starts plo hes her toes. The le. ws,	2 opened to you? Id cousin. She wo adly last week. aying. She holds	is her got.
	4 I a Dia pla Usi har Per Wr 5 6	m sorry I you hed ying ten ually, sho nds behin haps the rite to m	to hear the ar about Lonis after se exercise at is why se soon and	nat you broke you amia? Lamia is m school when she s carefully befo ad, then she touc she hurt her ank d tell me your ne	y twelve-year-o hurt her ankle b re she starts plo hes her toes. The le. ws,	2 opened to you? Id cousin. She wo adly last week. aying. She holds his time, she for	ns her got.
Å	4 I a Dic pla Usi har Per Wr 5 6 Write	m sorry I you hed ying ten ually, sho haps the rite to m e a let e friend a	to hear the ar about Lonis after se exercise at is why se soon and about his/h	nat you broke you amia? Lamia is muschool when she is carefully befound, then she touch the hurt her ank is tell me your ne	y twelve-year-o hurt her ankle b re she starts pla hes her toes. The le. ws,	ppened to you? Id cousin. She wo adly last week. aying. She holds his time, she for	ns her got.
7	4 I a Dic pla Us har Per Wr 5 Write Ask the	m sorry I you headly, shads behinds thaps the rite to me	to hear the ar about Lanis after see exercise and her head at is why see soon and the about his/habout a person about a person and the about a person about a pers	nat you broke you amia? Lamia is muschool when she is carefully befound, then she touch the hurt her ank is tell me your new a friend when the problem.	y twelve-year-ol hurt her ankle b re she starts pla hes her toes. The le. ws,	ppened to you? Id cousin. She wo adly last week. aying. She holds his time, she for the problem problem.	ns her got.

Answer the questions with these words

	cooker lid tow	<i>t</i> el oven glo	ves sleeves
1	What can you use to di	ry your hands? <u>.t</u>	owel
2	What do you put on a	pan when you ar	e cooking?
3	What do you find on a	shirt or blouse?	
4	What do you put a par	on to cook past	a or rice?
5	What can you use to he	old things that a	e hot?
	Match to make	sentences	
1	C At school, we must	a	meet his friends
2	We can talk in grou	ıps b	eat during lesso
3	You can't drive a ca	ar c	be on time for
4	When Hamdi finish homework, he can	es his d	in our English le
5	We must not	е	until you are 18
6	You musn't make a	lot of noise f	when people ar

Answer the questions

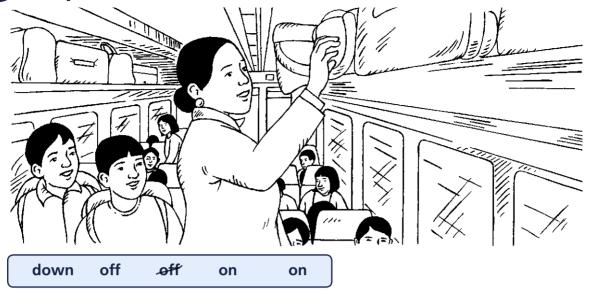
What mustn't you do on a busy road?What can you do in the holidays that you cannot do during school time?What must you do if there is a fire in the school?

.....

1 What must you do before you go to school in the morning?



Complete the sentences with these words



- **1** We are nearly home! We must get <u>off</u>... the train at the next station.
- **2** The teacher told the children to sit
- **3** You must turn _____ the computer when you finish doing your homework.
- **4** Mr Sayed waited for an hour at the airport before he got _____ the plane to fly to Dubai.
- **5** Amal's family had a picnic by the river, but Amal's grandmother had a chair to sit

Read and correct the mistakes in these sentences

- 1 Excuse me. I need sit down, please. Excuse me. I need to sit down, please.
- **2** Of course. Let help you with your bag.
- **3** Thank you. You can tell me when we arrive in Cairo, please?
- **4** Yes, I can. I'll to help you to get off the bus, too.
- **5** Shall I calling you a taxi at the bus stop?

Choose the correct answer from a, b, c or d

- 1 Water can become unhealthy when animals and use it.
- **a** insects
- **b** sleeves
- **c** plants
- **d** cars
- **2** Bilharzia is a which people can get from swimming or washing in dirty water.
 - **a** canal
- **b** disease
- **c** medicine
- **d** pool
- **3** Water is safer to drink if you it.
 - **a** pour
- **b** wash
- c boil
- **d** cool
- **4** It is important to cover food because are very dirty insects.
 - **a** animals
- **b** plants
- **c** scales
- **d** flies

Choose the correct words

- 1 Hamdi and his brother *practise* practice tennis every Saturday.
- 2 I don't know which shirt to buy. Please can you give me some adviseladvice?
- **3** In today's lesson, we did a lot of speaking *practise/practice*.
- **4** Lamia and Nawal usually *advise/advice* their little sister what to wear in the mornings.
- 2 Ahmed is writing an email to his grandmother who lives in another city. Complete the email with these words

Best wishes can Dear help I'll Let Shall

To: Grandmother@example.com
Subject: helping you
1 <i>Dear</i> I am sorry to hear that you broke your arm. 2 I visit you next
weekend so I can help you?
me cook for you. 4 do your shopping for you, too. I 5 also do other things in the house.
Let me 6 in the garden, too. I know you love your garden.
See you soon,
7
Ahmed
3 Write an email offering help
 One of your cousins has a cold.
 Write an email to the cousin and offer to come and visit.
 Offer to help your cousin. Say what you can do to help when you visit.
Remember to organise your email correctly.

Practice Test 5

A Listening

1 Liste	en and choose the correct a	answer from a, b or c:
	does Magda boil water?	
	en she eats. b When it is not clean.	c When it is clean.
	does Magda wash before she cooks?	c her hands
a the v		c ner nands
a wasl	a food in the fridge. hes b covers	c keeps
	a the food if it is not in	'
a cook		c covers
	B Language Funct	tions
2 Com	plete the following dialog	
Dr Moh		•
Sherifa:	•	•
Dr Moh	sen: Those are 1 , carboland and vegetables, dairy and fats.	hydrates, 2
Sherifa:	What are dairy foods?	
Dr Moh	sen: They are foods that have a lot of milk and cheese.	f 3 in them, like
Sherifa:	Yes, milk and cheese give us stro don't they?	ong bones and 4
	ply the missing parts in the	e following two mini-
1 Amina	ogues: a: I want to lose some weight. What	can I do?
Injy: Amina	a: That's a good idea. I'll try not to ea	
Dr Fat		eat healthy meals every day.
	C Reading Compr	ehension
4 Read	d the following, then answ	er the questions:
be can he can can lea the da		so he can't run! Ali feels well so ports at school. Ali's friend Ahmed i carry his bag home at the end of
	can't Ali do at school?	
	ran't Ali do at school?	

4 Someone is going to a play sports	•		d ca	arry his bag home
5 Ali can walk only if la carefully			d fa	st
	D The Read	der		
c after the farme2 The Iron Man fol	n Man get out ter he fell in rs saw him lowed the farm	of the trap? b after d after ers and Hogarth t	two days one year	d: family eating lunch
b. Answer the	following	g questions:		
1 Why did Hogarth	make a sound	with a nail and a k	nife?	
2 The farmers wanto	•	ron Man. Were th		
1	E Vocabula	ary and Stru	cture	
Choose the co		-		
1 It is important to		•	-ch	d lift
a beat2 You are		c stret s every day.	.Cr1	a III t
a fit 3 You can't	b hurt	c natu	ıral	d dangerous
		c brea		d melt
4 Bread, rice and pasta vegetables		от с carb		d dairy foods
5 You should eat a hea	althy breakfast	every day,		?
a should you				
6 a Because	b If	tillis Ortell, you w c Unle		d When
7 That bag is too hear	•		?	
a does it	b wasn't			d isn't it
8 You will hurt yoursel a touches	b touch	a not pan. c touc	hed	d touching
Read and cor				
1 You don't like Sawal			10(5)	
2 Why don't you <u>make</u> 3 People with damage		, ,		
	F Writing	dire very wen.		
Write a parag	_	r sentences :	on how s	vour mother
is always care				your mouner

Modern technology



camera email internet text message voicemail

- **1** When you want to take a photograph on your mobile, use the <u>camera</u>.
- **2** When you want to send someone a message on a computer, send an
- **3** When you want to write a short message to a friend, use your phone to send a
- 4 When someone does not answer their mobile phone, leave a message using
- **5** When you want to find information on your computer, use the _____
- 2 Make sentences to compare Egypt, the UK and Canada, using the word given and not as ... as, more/less than and the most/least



Canada: 35 million people 1,000 mm of rain (Vancouver) 1938 hours of sun **UK:** 63 million people 650 mm of rain (London) 1480 hours of sun **Egypt:** 80 million people 26 mm of rain (Cairo) 3450 hours of sun

1 People: The UK does not have as many people as Egypt.

2 Rainy:

3 Big:

4 Sunny:

Choose the correct word

- 1 You can see pictures and writing on a computer (screen/mouse mat.
- 2 You need to learn where the letters are on the mouse/keyboard.
- The *mouse/mouse mat* helps you to move things around the screen.
- **4** If you want to listen to something without other people hearing, use *ears/earphones*.
- Put some paper in the *screen/printer* and then you can use it.

Look at the pictures. Are the sentences true (*T*) or false (*F*)?



- F There is no difference between the two cars.
- Like the white car, the black car has a flag on it.
- The black car has more doors than the white car.
- The price of the white car is similar to the price of the black car.
- Unlike the white car, the black car is very big.

Now make sentences to compare the two phones

Phone A	
LE200	
Black or grey	
Camera	1
Internet	✓
Text messages	1
Voicemail	1

Phone B	
LE200	
Blue, green, red or yellow	
Camera	X
Internet	X
Text messages	1
Voicemail	1

Like phone B. phone A can send text messages.	

1	Rewrite the sentences to	have	the	same	meaning,	using
	the words in brackets					

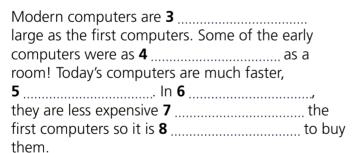
- 1 Mona likes English and she likes maths. (too)

 Mona likes English and she likes maths, too.
- 2 This phone can send texts and it has voicemail. It has a camera. (in addition)
- **3** Modern planes go faster than old planes and they have better safety. (*also*)
- **4** This seat is modern and it is comfortable. (*too*)

Complete the text about modern computers with these words

addition big difference easier libraries not as than too

Today, many people have computers in their homes. You can also find them in many schools and **1** *libraries*... This was very different just 50 years ago when it was very difficult to buy a computer. What is the **2**between computers today and computers in the past?







Write a text about new technology

- Think of an example of new technology, such as mobile phones, laptops, tablets, etc.
- Describe what the new technology can do.
- Say how the technology is different to the past.
 Remember to use too, also, in addition to add extra ideas to a sentence.

••	 	• • • •	• • • •	 • • • •	 • • • •	• • • •	 • • • •	• • • •	 •••	 	• • •	 • • •	• • • •	• • • •	 • • • •	• • • •	• • •	• • • •	 	• • • •	 	 	 	• • •	• • • •	 • • •	• • • •
	 			 	 		 		 	 		 		• • • •	 				 		 	 	 	• • • •		 	



1	Match	the	words	and	their	meanings
	Midtell			alla	CIICII	meaning.

- b can a Rubber filled with air, that you can see on cars, bikes, etc.
- material **b** Something metal that we buy food or drink in.
- **3** sandals **c** Something you can use to make other things.
- tyre **d** Open shoes that you can wear in hot weather.

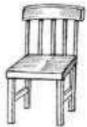
Complete the table with these words

_blanket boot laptop _metal pan plastic rubber scissors skirt toy car tyre wood wool

materials	objects
metal	blanket

Complete the sentences with *made of, made from* or *made in*

- **1** Sewing machines are often <u>made in</u> Japan.
- Mona has a beautiful new bag that is ______ old car tyres.
- Are many computers Brazil?
- Ali's toy truck is ______ plastic.
- The bird's home is _____ leaves.
- Is this chair _____ wood?





1 Complete the sentences

Africá cotton leather mine sheep



C	Cairo is one of the largest cities in <u>Africa</u> .
. V	Vorking in acan be dangerous because it is underground.
	Nost shirts and blouses are made of
	is useful because it gives us wool and meat.
5 T	he best shoes are usually made of
R	Rewrite the sentences using adjectives
Т	his toy plane comes from the USA.
1	This toy plane is American.
! A	lot of the coffee that people drink is from Brazil.
B D	oes this beautiful cotton shirt come from Egypt?
 . T	hat fast car is not from Korea. It is from Japan.
 TI	
	hat fast car is not from Korea. It is from Japan.
 R	hat fast car is not from Korea. It is from Japan. Read the answers and write the questions
 R	hat fast car is not from Korea. It is from Japan. Read the answers and write the questions How wide are they? What are they? What are they like?
 R	hat fast car is not from Korea. It is from Japan. Read the answers and write the questions
 R	hat fast car is not from Korea. It is from Japan. Read the answers and write the questions How wide are they? What are they? What are they like? What are you looking at? Where do they come from?
 I	hat fast car is not from Korea. It is from Japan. Read the answers and write the questions How wide are they? What are they? What are they like? What are you looking at? Where do they come from?
R	Read the answers and write the questions How wide are they? What are they? What are they like? What are you looking at? Where do they come from? What are you looking at? m looking at a picture of some things on a museum website.
P	hat fast car is not from Korea. It is from Japan. Read the answers and write the questions How wide are they? What are they? What are they like? What are you looking at? Where do they come from? What are you looking at? In looking at a picture of some things on a museum website. They're very beautiful and they're very old.
P	Read the answers and write the questions How wide are they? What are they? What are they like? What are you looking at? Where do they come from? What are you looking at? m looking at a picture of some things on a museum website. they're very beautiful and they're very old.
P	Read the answers and write the questions How wide are they? What are they? What are they like? What are you looking at? Where do they come from? What are you looking at? m looking at a picture of some things on a museum website. hey're very beautiful and they're very old.
R 1	Read the answers and write the questions How wide are they? What are they? What are they like? What are you looking at? Where do they come from? What are you looking at? m looking at a picture of some things on a museum website. they're very beautiful and they're very old.

D	Choose the corre from a, b, c or d			†					
1	The first car to use this wade in 1885.	was	(O)						
	a oil	b petrol							
	c water	d water	A C						
2	There is only enough of earth to fill two large sw								
	a gold	b metal	c cotton	d water					
3	A scientist made the first example of this material in 1905.								
	a paper	b wool	c plastic	d gold					
4	4 People found a shoe made of this material that was 5,500 years old.								
	a leather	b plastic	c oil	d petrol					
5	A tree needs to be at lea	ast six years old befor	e you can get this r	naterial.					
	a cotton	b wood	c glass	d rubber					
 There are 28 countries in the EU. 2 Abu Dhabi is the capital of UAE. 3 Today, the China is one of the most important countries in the world. 4 Alaska is the largest state in USA. 									
	Write an article about where things are made Think of some of the things you see or use every day. Write where they are made and what they are made of. Write information to describe each object: What is it like? How big is it? etc. Remember to write the names of countries correctly.								

The modern world

Match to make phrases

- b write **a** the information
- correct **b** an article
- 3 check c people
- print **d** the newspaper
- interview **e** a spelling mistake

2 Answer the questions. There may be more than one answer

- What is put into cars? *petrol*
- What is made at a bakery?
- What is often added to tea or coffee?
- What is used to cook in a kitchen?
- Which languages are spoken in Canada?



3 Complete these sentences with the present simple passive form of the verbs in brackets

- 1 Headlines are written (write) to make people want to read the article.
- Today, most spelling mistakes(*correct*) by computers.
- Some football players (*interview*) after they play a game.
- How many newspapers ______(*print*) every day in Egypt?

1 Choose the correct answer from a, b, c or d

1 Ali's uncle has a beautiful garden his home.

a inside **b** out **c** (outside) **d** in

2 Mice often live in a _____ in the ground.

a hole **b** container **c** hill **d** plant

3 Plants need water and good ______ to grow well.

a crops **b** cotton **c** mangoes **d** soil

4 Because many farms are in areas with little rain, it is important for farmers to their land.

a grow **b** irrigate **c** invent **d** eat

5 A can is a which is made of metal.

a seed **b** spinach **c** container **d** plant



Complete the dialogue

good! interesting I can't believe Oh dear. What a pity. Really?

Ahmed: My grandfather has a farm near the Nile.

Mazin: 1 Really ?

Ahmed: Yes. I helped him to plant rice last year.

Ahmed: Yes, you probably have rice from his farm in your kitchen!

Mazin: 3 it!

Ahmed: Next year, my grandfather will sell the farm.

Mazin: 4

Ahmed: Don't worry. I think he will have a nice time when he stops working!

Mazin: That's 5

Answer the questions

cotton mango spinach wheat

1 Which crop is used to make clothes? *cotton*

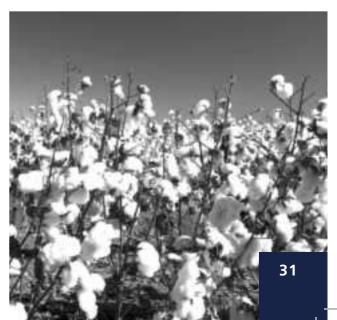
2 Which crop is often used to make bread?

3 Which crop is sometimes made into a drink?

.....

4 Which crop is often cooked before you eat it?

.....



	Complete the sentences
	It rains a lot in England. However, <u>some areas can be very dry in the summer.</u>
2	I think you should climb that mountain! However,
3	My little sister doesn't like cakes. However,
4	Donkeys are strong animals. However,
	Complete the sentences with the passive form of the verbs in brackets
48.48	
2 . 3 . to	by 1 <i>is</i> bread <i>made</i> (<i>make</i>)? It's easy! First, wheat or maize flour (<i>put</i>) into a large container. Oil, salt and water (<i>add</i>). When these 4 (<i>mix</i>), the bread is ready cook on a flat pan. However, you do not want the pan to be too hot or it will burn! e bread 5 (<i>cook</i>) for a few minutes and then you can eat it!
3	Write about how something is made
•	Think about a cake, tea, coffee or something you can eat or drink.
•	Use the passive forms of verbs such as <i>make, add, put, cook</i> and <i>mix</i> .
•	Try to use examples of <i>however</i> to give a contrasting idea.
,	

Practice Test 6

		ening				
		the correct ans	swer from a, b or c:			
1 Where does	5 ,					
a at a newsp	•	b at a hospital	c at a school			
2 What is Mag	dy's job?					
a reporter		b architect	c printer			
	the newspapers	b in the afternoon	c early in the morning			
9	a at night		c early in the morning			
4 When does Magdy work? a in the early morning		b at night	c in the afternoon			
a in the early		_				
		guage Functio				
		wing dialogue	e:			
	-	J. Can I help you?				
Customer:		g for a new laptop. I	can't decide which one to			
Shopkeeper:	buy. Well this blue lanton is the 1 so it is easy to carry					
Jiiopkeepei.	Well, this blue laptop is the 1 , so it is easy to carry around.					
Customer:		is black laptop? Is it l	less 2 than the			
	blue one?					
Shopkeeper:	lue computer is not as 3					
C . 1		as the black one.				
Customer:	ustomer: I see. So the black laptop is faster and 4 than the blue one.					
Supply t		_	ollowing two mini-			
Supply t dialogue		parts in the r				
1 Hesham:	What is the difference between a computer and a laptop?					
Tarek:						
Hesham:	I'll buy a laptop then, because I travel a lot.					
2 Haytham:						
Mounir:	I'm looking at pictures of some things on a museum website.					
Haytham:	That's interesti	ng. Can I join you?				
	C Rea	ding Compreh	ension			
Read the		-	the questions:			
	_		e made. Most of the world's			
			ses for paper comes from trees			
	,	•	use are Japanese. You can			
	, ,,,	9	s. Did you know that a lot of			
		om Egyptian oil? Pec	pple also want to buy cotton			
and leather t	from Egypt.					
2 Why do Ame	ericans need the	wood from the trees	s in Brazil?			

4	On which items wou a paper b ri	, ,		•	written	?		
5	Where does a lot of							
	a Egypt b C	China c Br	azil	d Japan				
	ı	D The Read	er					
5	a. Choose the	correct ans	wer fro	om a, b,	c or d	l:		
	1 The Iron Man told the dragon three times to fly							
	a to Australia			•	etal yaro	d to the sun		
	2 Why did the Iron a to frighten the	•	-	•	rv			
	c to be happy		destroy th		.)			
	b. Answer the	following	questic	ons:				
	1 How was the Iron Man stronger than the dragon?							
	2 Why were the pe	ople kind to the	dragon and	d the Iron M	lan?			
	I	E Vocabular	y and S	Structure	9			
6	Choose the co	rrect answ	er from	a, b, c d	or d:			
1	Rice, cotton and sug	•				t		
2	a seeds Water from the river	b crops is needed to			d conta ds	iners		
_	a add				d bend			
3	Ai			_		l-		
4	a plough You use a	•			d rucksa	ACK .		
	a voicemail	b letter	c lapto	p .	d came	ra		
5	You look so young in							
6	a took This shoe is made of	<i>3</i>			a taken			
	a from	b in	c for	•	d on			
7	I don't have much m							
8	a cheap Millions of newspape	b cheaper ers				пеар		
	a print	b printing			d will p	rint		
	Donal and same	4 4 1	l al : a al	l				
	Read and corr Early mobile phones							
	I think English is as $\underline{\epsilon}$		ty as arey	are today.				
3	Dislike my old phone	e, my new phone	can send	email messa	ages.			
	I	F Writing						
8	Write a parag	-						
	useful item th	nat is usuall	y found	d in the	kitche	en.		